

il futuro nel tuo respiro



“SMOKE FREE MOMS”

Specific objectives:

- reduce the number of women who smoke during pregnancy (<5%)
- avoid relapse after delivery (<50%)



Smoke free moms

Strategies:

- training midwives in counselling to quit smoking;
- increase deeper scientific knowledge on women and tobacco issues, specially during pregnancy, breastfeeding newborns;
- link with specific issues dealt by midwives (eg. breastfeeding).



Tackling inequalities

- training for teachers/tutors focused on how coping access inequalities;
- educational material for families (leaflet) in 8 languages (www.mammeliberedalfumo.org)



-  **Joined as Region**
-  **Joined as ILAC**
-  **Joined as MCNF**
-  **Leader Region**
-  **Only educational material**

-funding regional activities developing