

Health Inequalities Online Learning Resource

‘Bridging the Gap’

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Policy Context

Equally Well – workforce development issues –
recommendations 66,67

Equally Well Action Plan

Force for Improvement - NHS Workforce response to
Better Health, Better Care



‘Bridging the Gap’

- **Bridging the Gap** provides pre-registration and qualified NMAHPs and others involved in tackling health inequalities in Scotland with a flexible resource that introduces some of the key evidence, issues and themes in health and social inequalities, and provides access to a range of added resources and links to further information

‘Bridging the Gap’ A Health Inequalities Online Learning Resource

Bridging the Gap includes sections on:

- Understanding Health Inequalities
- Health in Scotland
- Identity, Stigma and Health
- Barriers to Access
- Drivers for Change
- Principles in Practice



Outcomes

After engaging with the resource it is anticipated that that participants will be able to:

- Recognise and describe key features of the widening health inequalities gap in Scotland
- Demonstrate an understanding of the contributing factors (wider determinants) to health
- Explain the significance of health inequalities for NHS Scotland services
- Describe ways in which their practice is sensitive to the needs of all patients, service users and colleagues

Updating of Resource

Recommendations that are being actioned from a consultation:

- Printer friendly version
- Updating of hyperlinks and content
- Mapping to NHS Knowledge and Skills Framework
- Making more appropriate for the whole of the Health and Social Care workforce and not just NMAHPS

- Home
- Introduction
- Understanding Health Inequalities
- Health in Scotland
- Identity, Stigma and Health**
- Identity and Health
- Social Attitudes
- Stigma, Stereotypes and Superiority
- Discrimination and Power
- A cycle of oppression
- Barriers to Access
- Drivers for Change
- Principles in Practice
- Bibliography
- References

Identity, Stigma and Health

"If it is only bad people who are prejudiced, that would not have such a strong effect. Most people would not wish to imitate them—and so, such prejudices would not have much effect—except in exceptional times. It is the prejudices of good people that are so dangerous." Vikram Seth (1993)



In this section we consider the relationship between stigma, discrimination and health and social inequalities. We start with the importance of identity in health, before going on to examine the nature of social attitudes, stereotyping and discrimination. We conclude by considering the potential of a cycle of oppression.

BEFORE YOU START...

What do you understand by 'identity'? Is it important to you? Why?

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Multidisciplinary

You can access **Bridging the Gap**
at:

www.bridgingthegap.scot.nhs.uk