

Health and Well-being through Nursing Management

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18th International Conference on Health Promoting
Hospitals and Health Services (HPH)
Manchester, United Kingdom
April 14-16, 2010

Background

- Health inequalities are a big problem everywhere;
- Obesity & diabetes T2 are on the increase in Finland as elsewhere;
- Burden of chronic diseases is growing – mental health is a big public health problem;
- These problems require that we develop new approaches to health promotion and care

Health and Well-being through Nursing Management 2009-2011

- Implementation in two regions:
Southwestern Finland and Satakunta
- Developing regional support and structures
- Strengthening the health promotion
knowledge base and skills in nursing
management
- Project staff: 4 persons + 1 degree student



Health and Well-being through Nursing Management 2009-2011

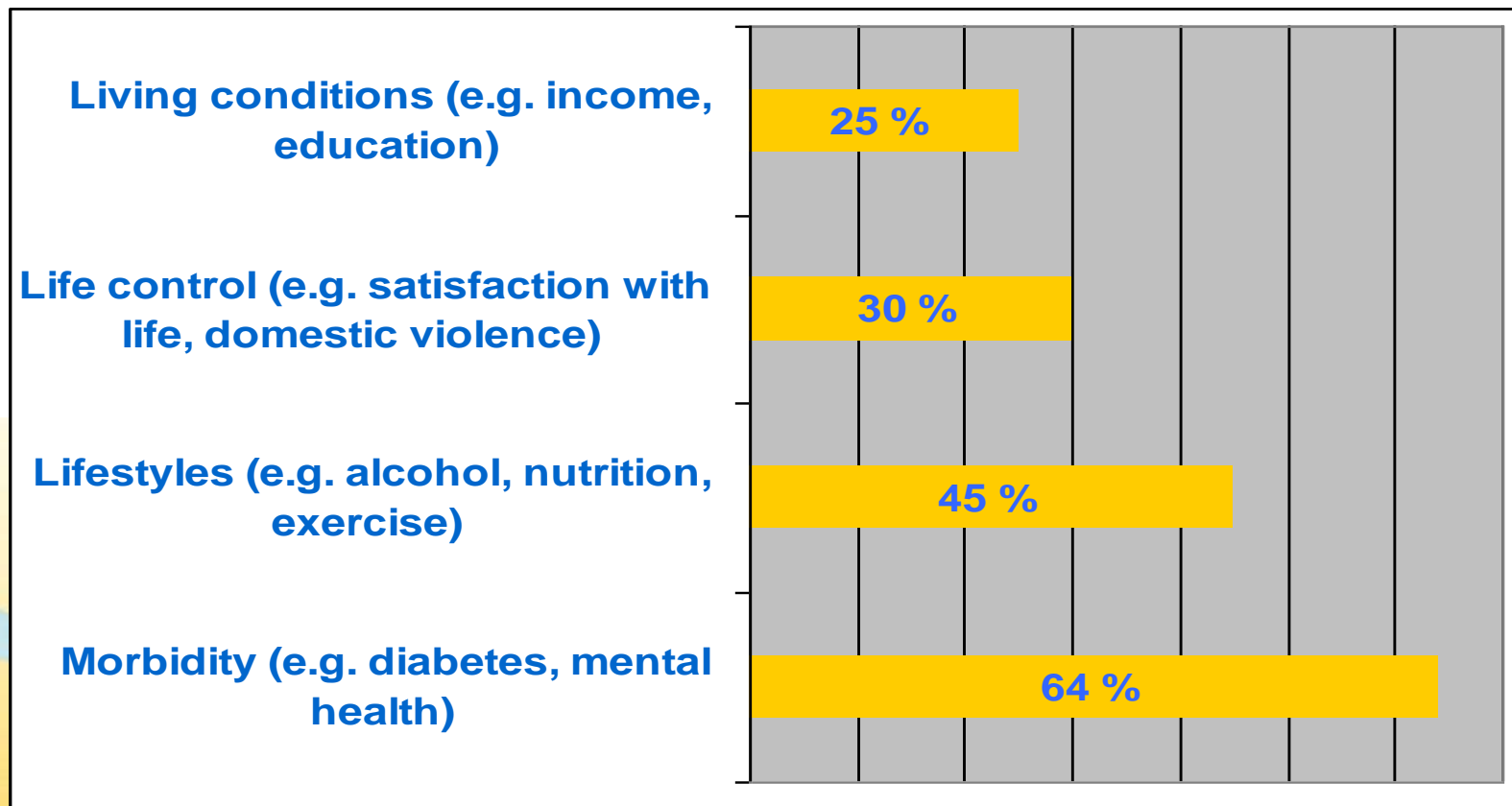
The goals of the project are:

- Integrating health promotion into nursing management practices and leadership;
- Creating regional activities and support structures to enable the nursing managers to take into account health impacts in decision-making;
- Strengthening the role of health and wellbeing.

Expected results

- To chart the existing level of awareness and the structures of health promotion by a survey to health and social sector directors and managers;
- To develop a health promotion management tool;
- To enhance regional networks and structural co-operation;
- To include health data and evidence-based health promotion practices into the decision-making in the operational environments of social welfare and health care.

Data used by health care and social welfare leaders...



In conclusion

- According to the survey the management structures and substance are by no way clear!
- Specific health promotion management training is needed on all levels of organization;
- Importance of cross-sectoral work was emphasized;
- Transparency of activities and structures

Thank you very much for your
attention, and enjoy the
conference!

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