

NON-SMOKING TURKU 2015

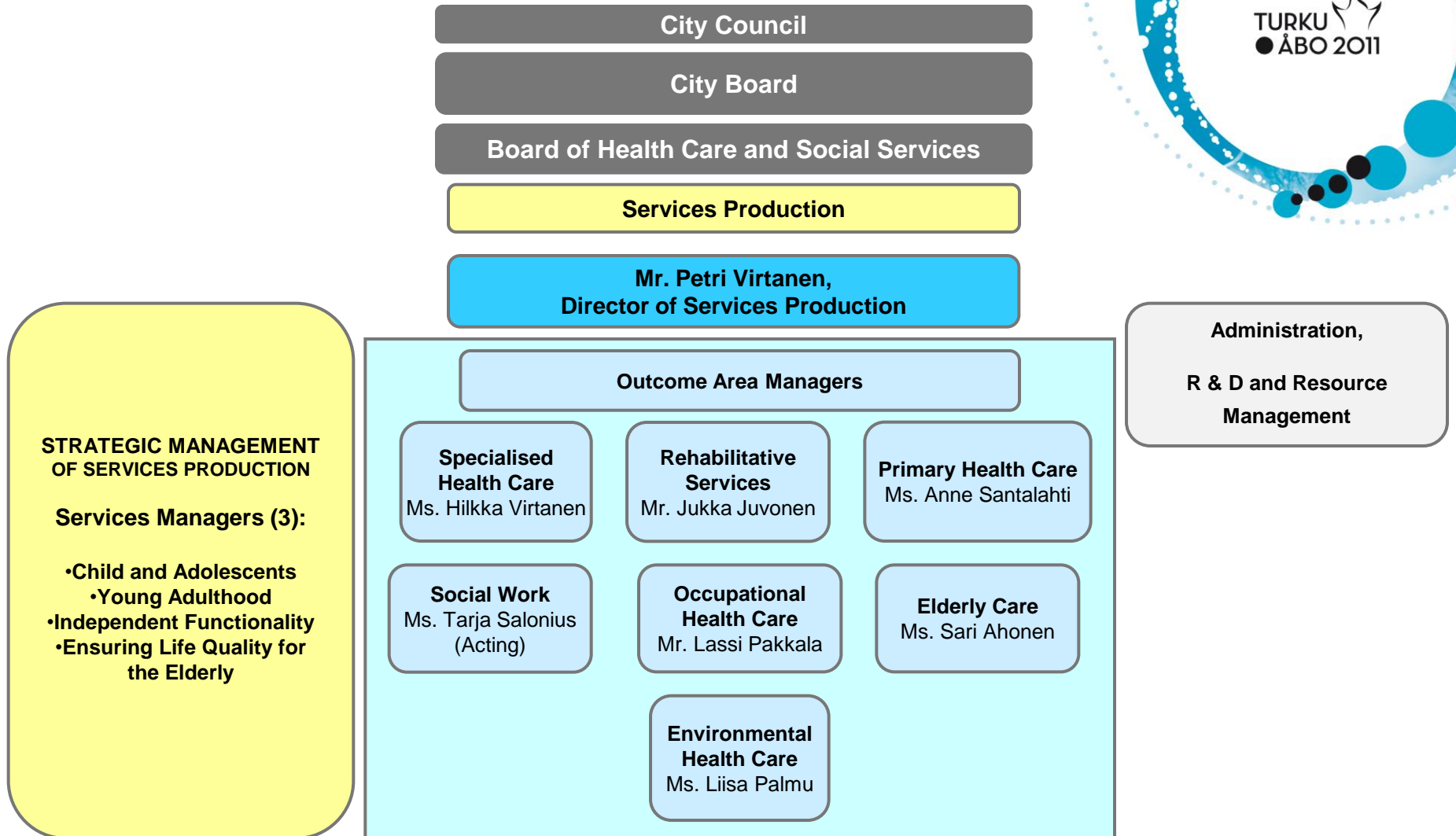
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Hph 2011 Turku, June 2, 2011
Session M 1.6.



The Municipal Health Care Organization



Turku Non-Smoking Policy & Action Plan



- Intervention program for all public health care arenas
- Staff and population cessation support
- Non-smoking regime lead by specially educated nurses (cf. Diabetes nurses)
- Voluntary – highly motivated patients imply enhanced success rates
- Aim is one years' smokelessness



Municipal Health Care Services

- Low-threshold cessation service for the population free of charge at 11 health care facilities per population 176 000
- Focus on preventive and a promotive measures
- Non-smoking environments inside and outside
- Collaboration with other sectors in the city, e.g. enhanced physical exercise, diet counseling to prevent weight gain
- Two-part intervention: counseling + measuring (microspirometry, weight, BP, BMI) to support the message for a healthier life



Future Focus



- Each doctor and nurse in the organization will be trained in the intervention for a non-smoking lifestyle
- Smoking questionnaire included in the electronic patient records
- Future arenas will be secondary schools, maternity clinics and oral health services
- The model of good practice will be disseminated city wide in all sectors to establish a non-smoking city of Turku



Thank You and a Good Conference to You All!



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