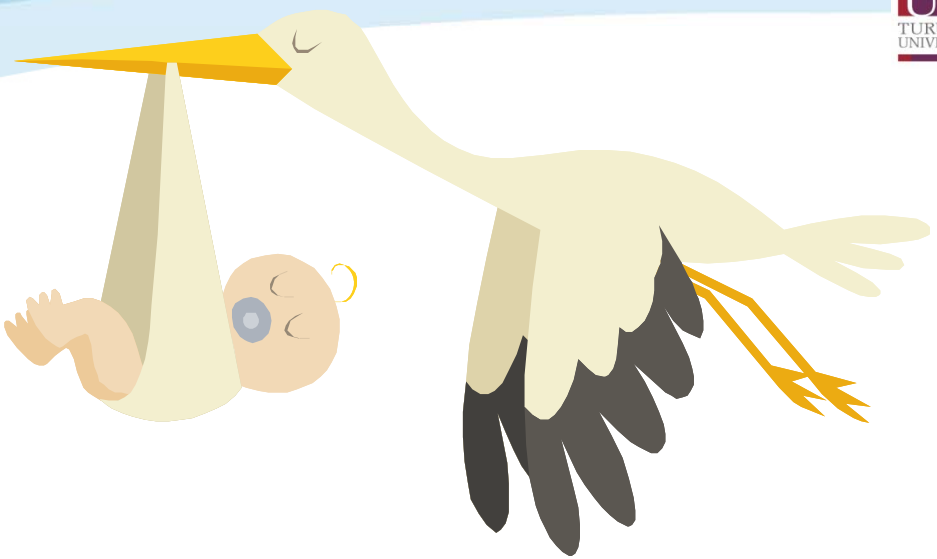
turku

Varsinais-Suomen LASTENSUOJELUJÄRJESTÖT RY

UTU.fi TURUN YLIOPISTO UNIVERSITY OF TURKU

VARSINAIS-SUOMEN SAIRAANHOITOPIIRI
EGENTLIGA FINLANDS SJUKVÅRDSDISTRIKT



Presenting author: Ahonen, P
Authors: Ahonen, P., RN, Midwife, Ph.D. (1), Tuominen, M., RN, PHN, Master of Healthcare. (2), Rautava, P., M.D., Ph.D. (3)
1=Turku University of Applied Sciences, Health Care, Finland.
2=Turku University of Applied Sciences, Health Care, Finland.
3=Turku City Hospital. University of Turku, Department of Public Health, Finland.

10 POINTS PROJECT
Maternity health clinics to 2010s in South-west Finland

http://kymppihanke.turkuamk.fi

2007-2011

Pia Ahonen, Project Leader
pia.ahonen@turkuamk.fi

Miia Tuominen, Coordinator
miia.tuominen@turkuamk.fi

TURUN AMMATTIKORKEAKOULU
TURKU UNIVERSITY OF APPLIED SCIENCES

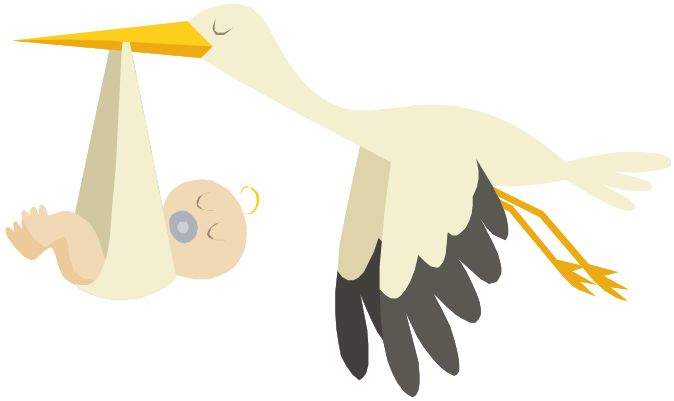
COVERS

- Turku University of Applied Sciences
- Turku health care and social services
- Women's Clinic, Turku University Hospital (TYKS)

the maternity care service path from pregnancy to the early years as a family in Turku region (Southwest Finland)

The target group is the entire clientele

- The Steps study (Institute for Child and Youth Research, University of Turku)
- Varsinais-Suomen lastensuojelujärjestöt ry
- Parishes of Kaarina and Turku



TURUN AMMATTIKORKEAKOULU
TURKU UNIVERSITY OF APPLIED SCIENCES

10POINTS project

Maternal health clinics to 2010s in Southwest Finland

OBJECTIVES

-*Develop, for maternal health care services, operating models that support health and well-being*

- Strengthen the continuity of health promoting service chains

- Renew service structures

MEASURES

- Initial examination

-*Interventions*

- Creating and establishing operation models

- Education

- Cooperation with public and third sector

TURUN AMMATTIKORKEAKOULU
TURKU UNIVERSITY OF APPLIED SCIENCES

10POINTS project

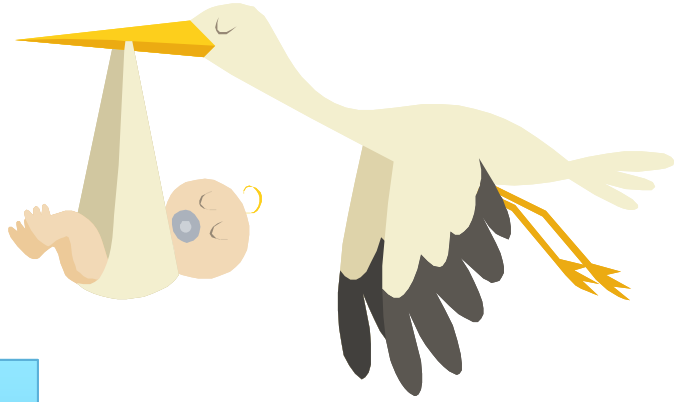
Maternal health clinics to 2010s in Southwest Finland

Subprojects Master's theses

Subprojects Bachelor's theses

Subprojects Doctoral dissertations

Piloting multiprofessional family training in Turku in 2010 - 2011

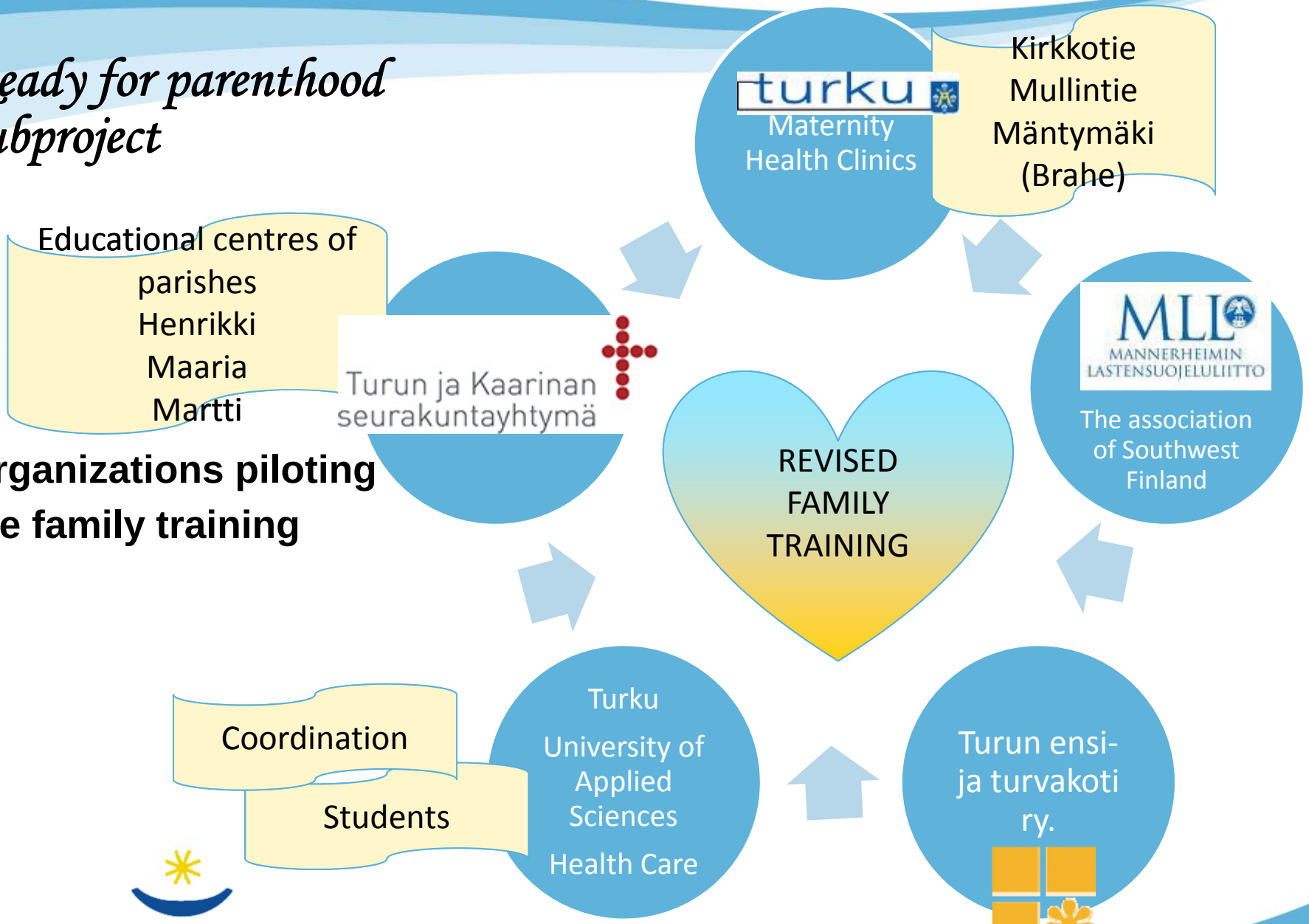


Subprojects Bachelor's theses

TURUN AMMATTIKORKEAKOULU
TURKU UNIVERSITY OF APPLIED SCIENCES

Ready for parenthood subproject

Organizations piloting the family training



TURUN AMMATTIKORKEAKOULU
TURKU UNIVERSITY OF APPLIED SCIENCES

Project outputs

Well-being and health supporting service model for maternity and child health clinics in Turku region in 2010s

Implementing the model

Revised operating models - the implementation models built with the third sector to accompany the public services

- Interventions supporting the health of families
- Indicators for evaluating quality
- and effectivity
- Publications, reports, articles

Revised family and birth training -

Differentiated activities for supporting groups with special needs, e.g. immigrants, families in danger of social exclusion

TURUN AMMATTIKORKEAKOULU
TURKU UNIVERSITY OF APPLIED SCIENCES

Master's Thesis produced in 10Points -project

Mäenpää, M. 2009. Health and welfare for the families in the health centre of Laitila.

Tuominen, M. 2009. Ready for parenthood – Developing project for the family training in the social and health centre of Turku

Salakari, M. 2010. Under the same roof – Multiprofessional teamwork in early stages of the family formation.

Petäjä, H. 2010. Developing the operational model of promoting sexual health

Gabrielsson, I. 2011. VIRVA – The virtual birth training

Nurmi, M. PLEASE STOP! How to alleviate nausea and vomiting of pregnancy**.**

Ojanto, A. 2011. Expecting a child to a family with drug and alcohol problems - pathway in the area of hospital district of Southwest Finland.

Themes of the Bachelor's Thesis produced in 10Points – project

- Mothers expectations about the maternity clinic services in Southwest Finland
- Home visit made by public health nurses of the maternity clinic of Turku
- Website for the maternity clinics – point of view fathers and mothers to be
- Compilation of statistic of the visits to the maternity clinic
- Co-operation with primary maternity clinics and hospital maternity out-patients clinic
- Methods for the screening of the alcohol abuse on maternity clinics.
- Promoting of the mental health on maternity clinics.
- Analysis of content and experiences of the first antenatal visit of primigravida

Themes of the Bachelor's Thesis produced in 10Points – project

Ready for the parenthood –subproject - Piloting of the multiprofessional model of family training in Turku.

- First stage -mapping of the experiences of piloting professional participators
- Finale stage –mapping of the experiences of piloting professional participators
- Collecting and analyzing the feedback from the participating families
- Creating of the new guidebook for the leader of the family training group (includes themes: parenthood, sex and intimacy between parents, labor and puerperium, babycare and breastfeeding, forwards as a family)

TURUN AMMATTIKORKEAKOULU
TURKU UNIVERSITY OF APPLIED SCIENCES