

IMPLEMENTING HEALTH PROMOTION STANDARDS IN HOSPITALS: IS IT REALITY?

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INTRODUCTION

- ❑ HP is becoming an integral part of the health care process
 - ❑ Health professionals – physicians and nurses are the main providers of HP activities in hospital
 - ❑ HP standards – professionally consented statements on health care and serve for quality assessment of provided HP activities
 - ❑ Effectiveness and evaluation of HP activities relate directly with health professionals' awareness of HP standards and their attitudes towards acceptability of main standards' statements and their application into daily practice
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AIM AND OBJECTIVES

- To assess **health professionals' awareness** about provision of health promotion activities and their **opinions** to the **applicability** of five **HP standards** in hospitals of Lithuanian HPH network.
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Material and Methods: (1)

Health professionals' questionnaire survey organization

- Sampling unit - **hospital**. All fifteen hospitals belonging to Lithuanian HPH hospitals network were divided into three groups according to the number of beds in hospital - **large** (more than 1000 beds), **middle** (500-1000 beds), and **small** (less 500 beds). Randomly one hospital was selected from each group.
 - The questionnaires were distributed to **all physicians and nurses** from **middle and small** hospital and to all physicians and nurses, working in **randomly selected departments** (one department from **every third** clinic) in **large** hospital.
 - Chief-nurses of departments were responsible for the collection of the questionnaires.
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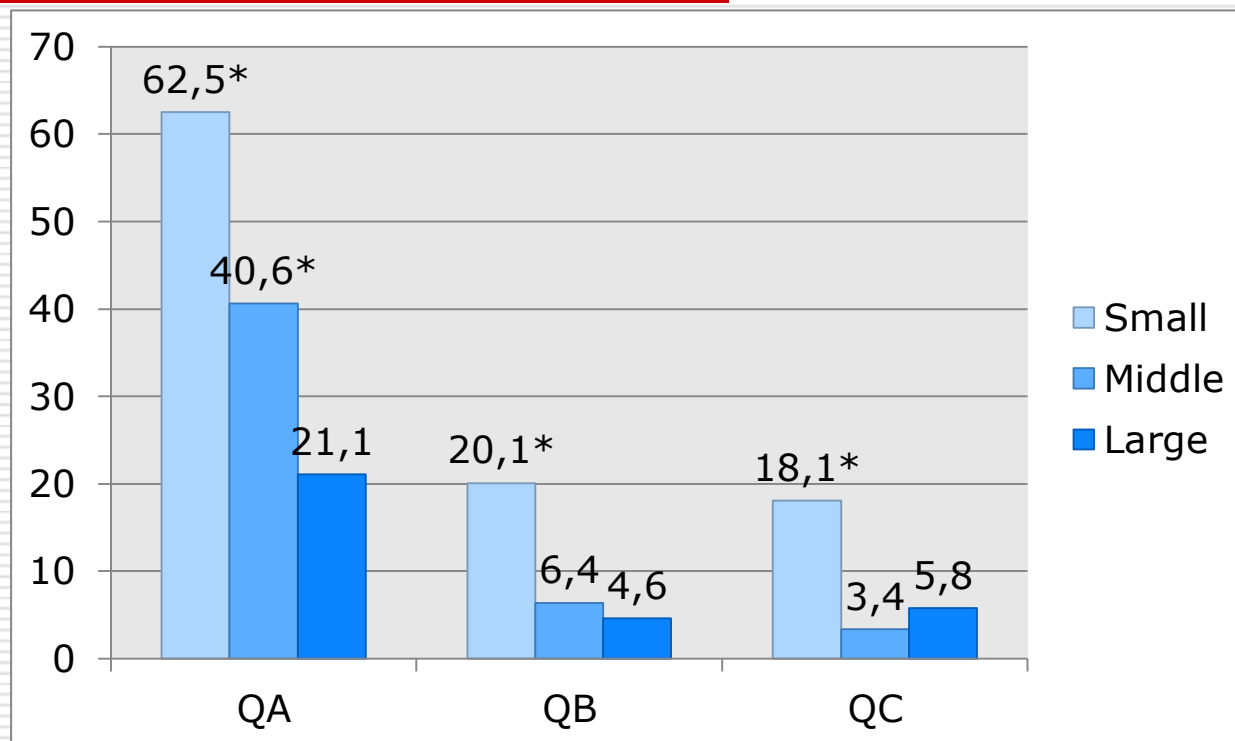
Material and Methods: (2)

Health professionals' questionnaire survey organization

- The questionnaire was constructed following the statements about five health promotion standards described in self-assessment tool (WHO, 2010).
 - The possible answers to most of the questions were - „yes“, „partly“, „no“, „don't know“. Health professionals, who answered the questions „yes“, were considered as „Aware“
 - The questionnaires were filled in by **280 physicians** and **739 nurses** with overall **response rate of 74,7 %**.
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RESULTS. HP standard 1: MANAGEMENT POLICY

Health professionals' awareness in different size hospitals



% of respondents who answered "yes" the questions (Q) A, B, C

Q A- Do the hospitals' stated aims and mission include HP?

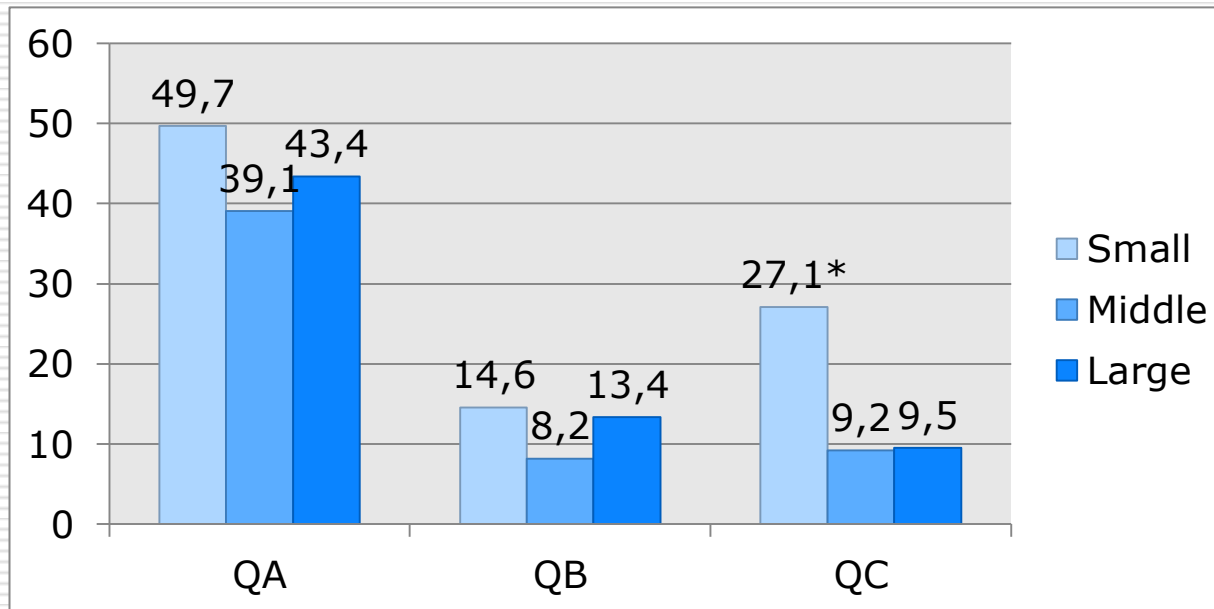
Q B- Does organization allocate resources for implementation of HP activities?

Q C- Does organization ensure the availability for collection of HP activities' data?

*- $p < 0,05$ in comparison with large hospital

RESULTS. HP standard 2: PATIENT ASSESSMENT

Health professionals' awareness in different size hospitals



% of respondents who answered "yes" the questions (Q) A, B, C:

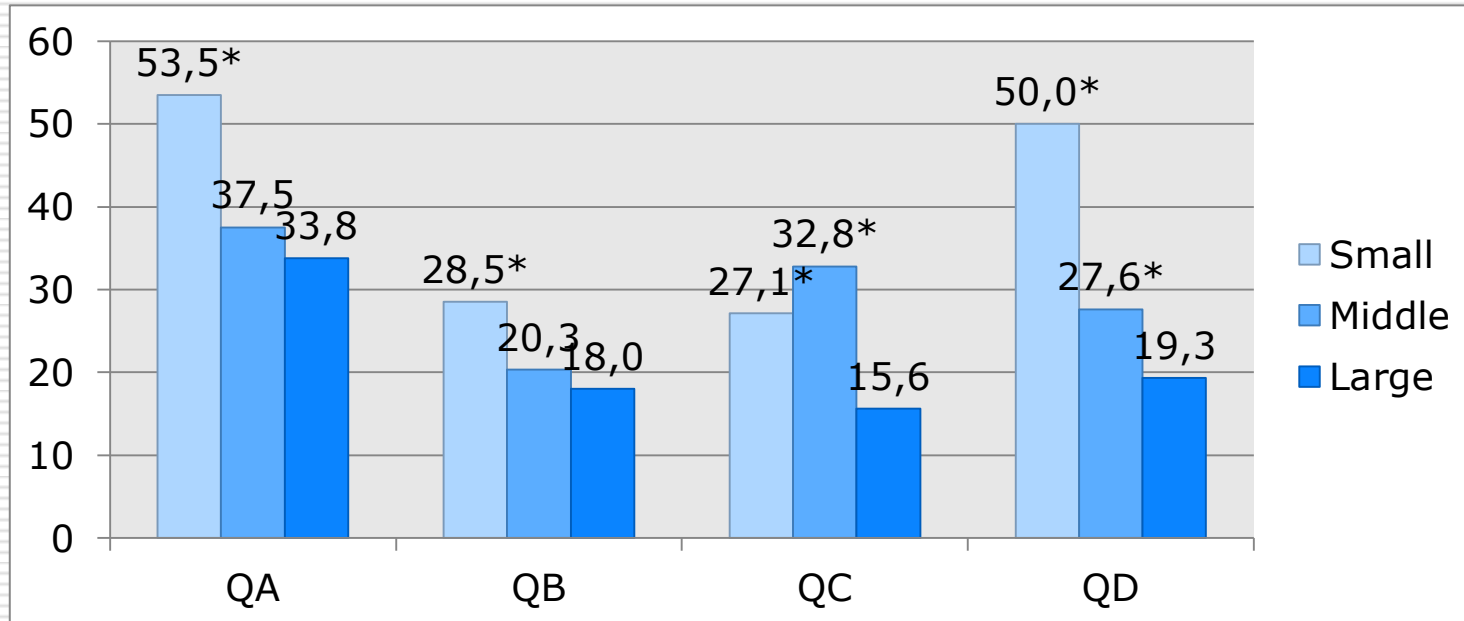
Q A- Do you evaluate risk factors (smoking, alcohol, overweight) among patients at admission?

Q B- Do you have guidelines for risk factors identification?

Q C- Is it a check-up system that the detected risk factors are documented?

*- $p < 0,05$ in comparison with large hospital

RESULTS. HP Standard 3: PATIENT INFORMATION AND INTERVENTION Health professionals' awareness in different size hospitals



% of respondents who answered "yes" the questions (Q) A, B, C, D:

Q A- Is the information given for patients when the risk factors are detected?

Q B- Are HP activities documented when the risk factors are detected?

Q C- Are the patients' satisfaction surveys performed about the given information?

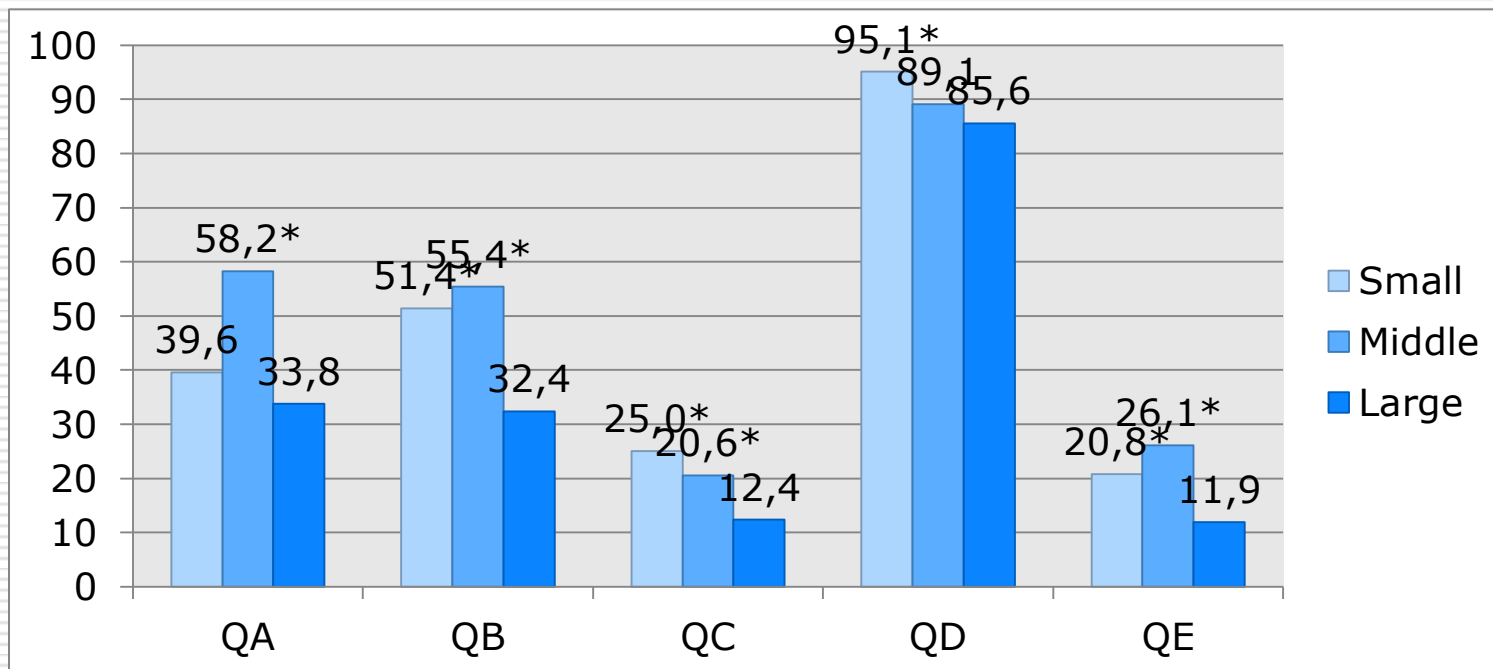
Q D- Is the health information about high risk diseases' prevention and control available in hospital?

*- $p < 0,05$ in comparison with large hospital

RESULTS. HP Standard 4:

PROMOTING A HEALTHY WORKPLACE

Health professionals' awareness in different size hospitals



% of respondents who answered "yes" the questions (Q) A, B, C, D, E:

Q A- Do working conditions comply with national directives and indicators?

Q B- Does the new staff receive an induction training that addresses the hospital's HP policy?

Q C- Is the staff informed about health issues available for them?

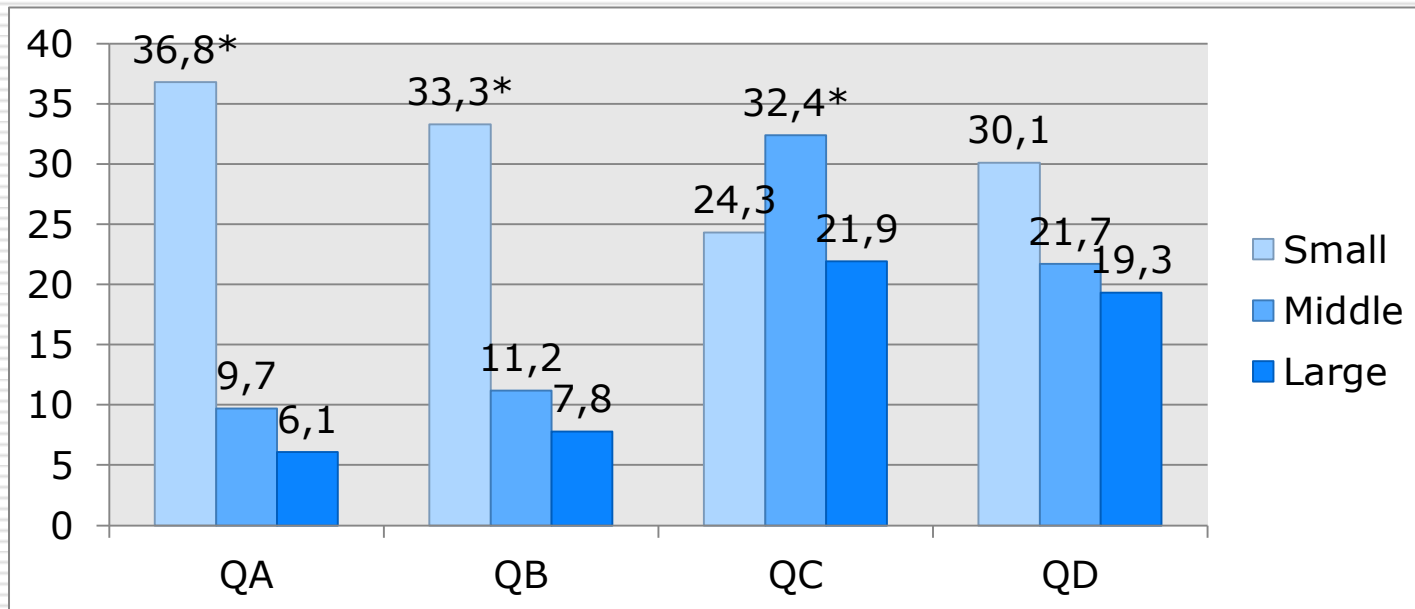
Q D- Are annual staff check-ups carried out?

Q E- Is staff involved in hospital's policy making?

*- $p < 0,05$ in comparison with large hospital

RESULTS. HP Standard 5: CONTINUITY AND COOPERATION

Health professionals' awareness in different size hospitals



% of respondents who answered "yes" the questions (Q) A, B, C, D:

Q A- Are HP activities provided in hospital carried out at regional level also?

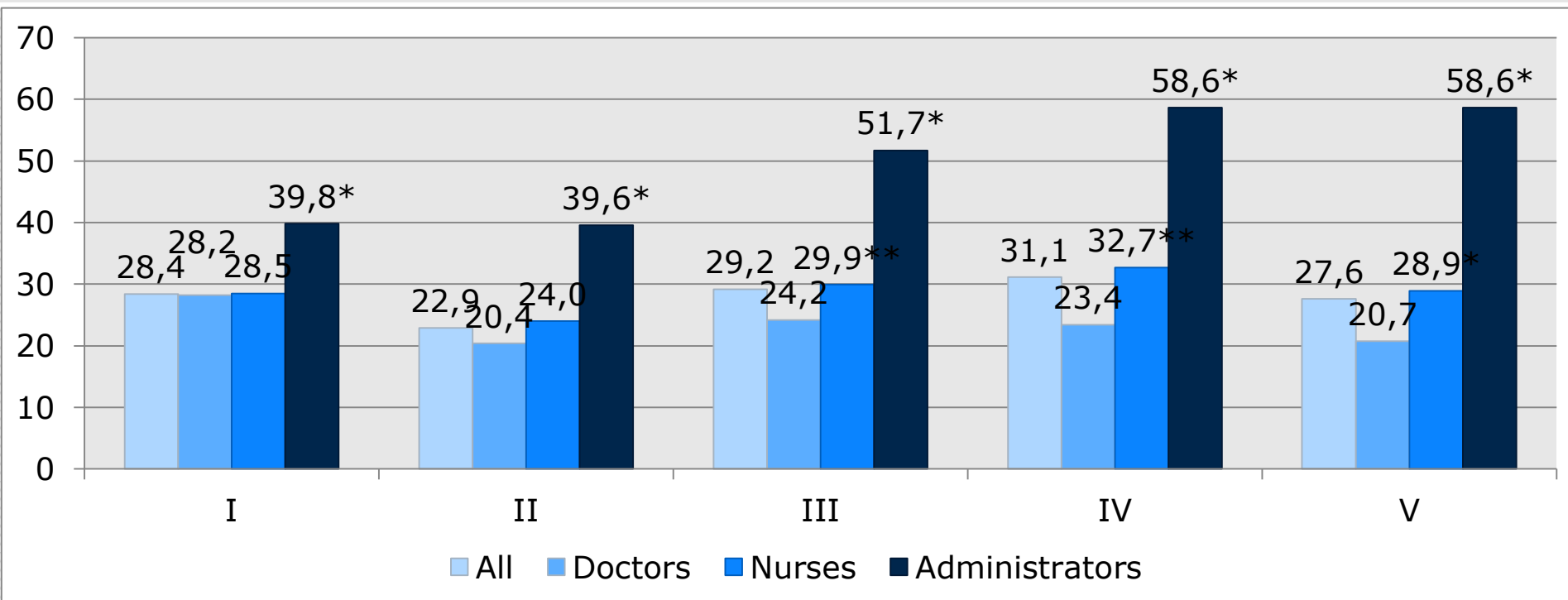
Q B- Has the hospital collaboration plans with other sectors working in partnership?

Q C- Are understandable follow-up instructions given for patients about HP after discharge?

Q D- Does the out patient staff follow hospital's recommendations?

*- $p < 0,05$ in comparison with large hospital

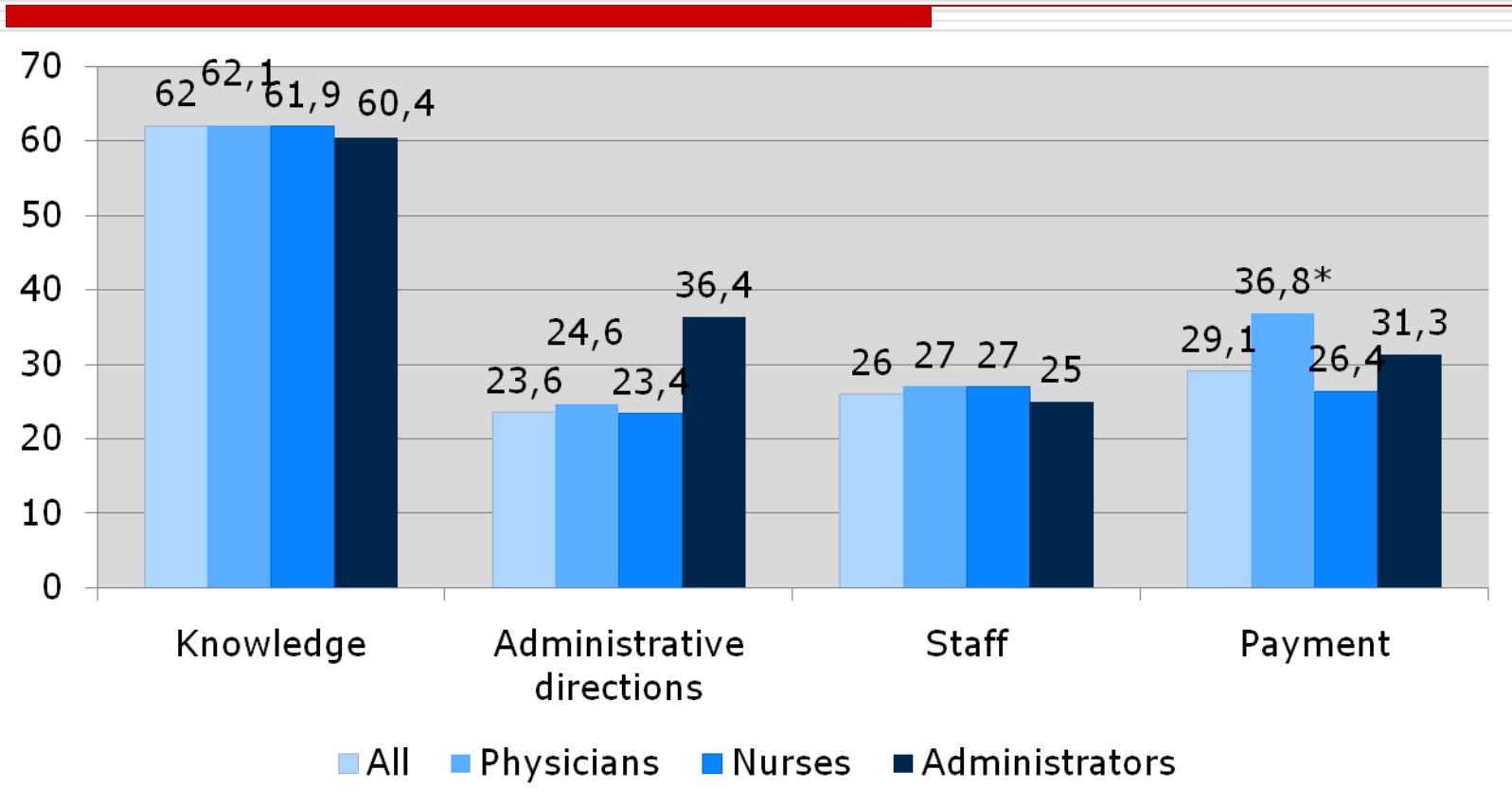
RESULTS: Opinions of health professionals about applicability (%) of five HP standards into daily practice



* - $p < 0,05$ in comparison with physicians and nurses

** - $p < 0,05$ in comparison with physicians

RESULTS: What would you need additionally for successful implementation of HP projects in your department?



* - $p < 0,05$ in comparison with nurses

CONCLUSIONS:

Recognizing the opinions expressed by physicians and nurses, for the **development of HP activities** in HPH **such steps** should be undertaken:

- ❑ provision of **clear information** about implementation of HP standards;
- ❑ **involvement** of health professionals into the formulation of hospital's **policy** and creation of **strategic plans** for the HP projects performance;
- ❑ staff **training** on HP provision and HP standards;
- ❑ establishment of a **special department** (first of all in large hospitals) responsible for organization, coordination, supervision and evaluation of the hospital's HP activities;
- ❑ allocation of additional **financial resources** to support HP activities.

The fact that **every third** health professional of Lithuanian HPH network hospital **is sure** about **applicability** of the HP standards into daily practice is promising for the successful development of HP conception in hospitals.

And for the ending...

“We forget the best place to seek information on what needs to be done is often among those affected by the work being undertake”

/Michael Sparks, president of the IUHPE ,2010/

Thank You for attention!
