

The Effect of an Interdisciplinary Alcohol Cessation Intervention

-a Randomized Clinical Trial and a qualitative study

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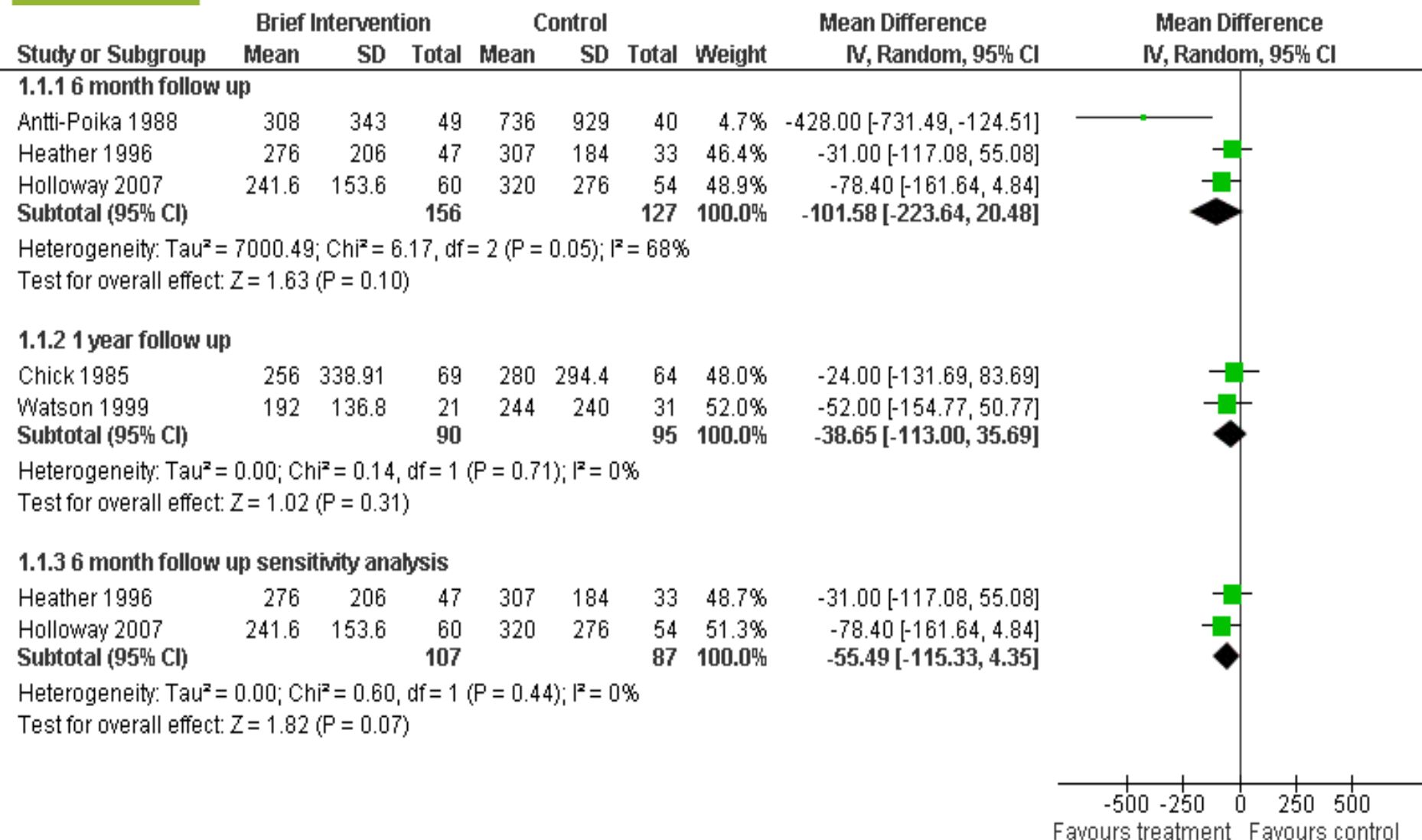
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Stavanger University Hospital

- Brief Intervention (BI) is offered to all patients admitted with an alcohol attributable condition
- Liason Alcohol Nurse
- Approximately 400 patients annually

Brief Intervention in Hospitals

(Mc Queen 2008)



New evidence

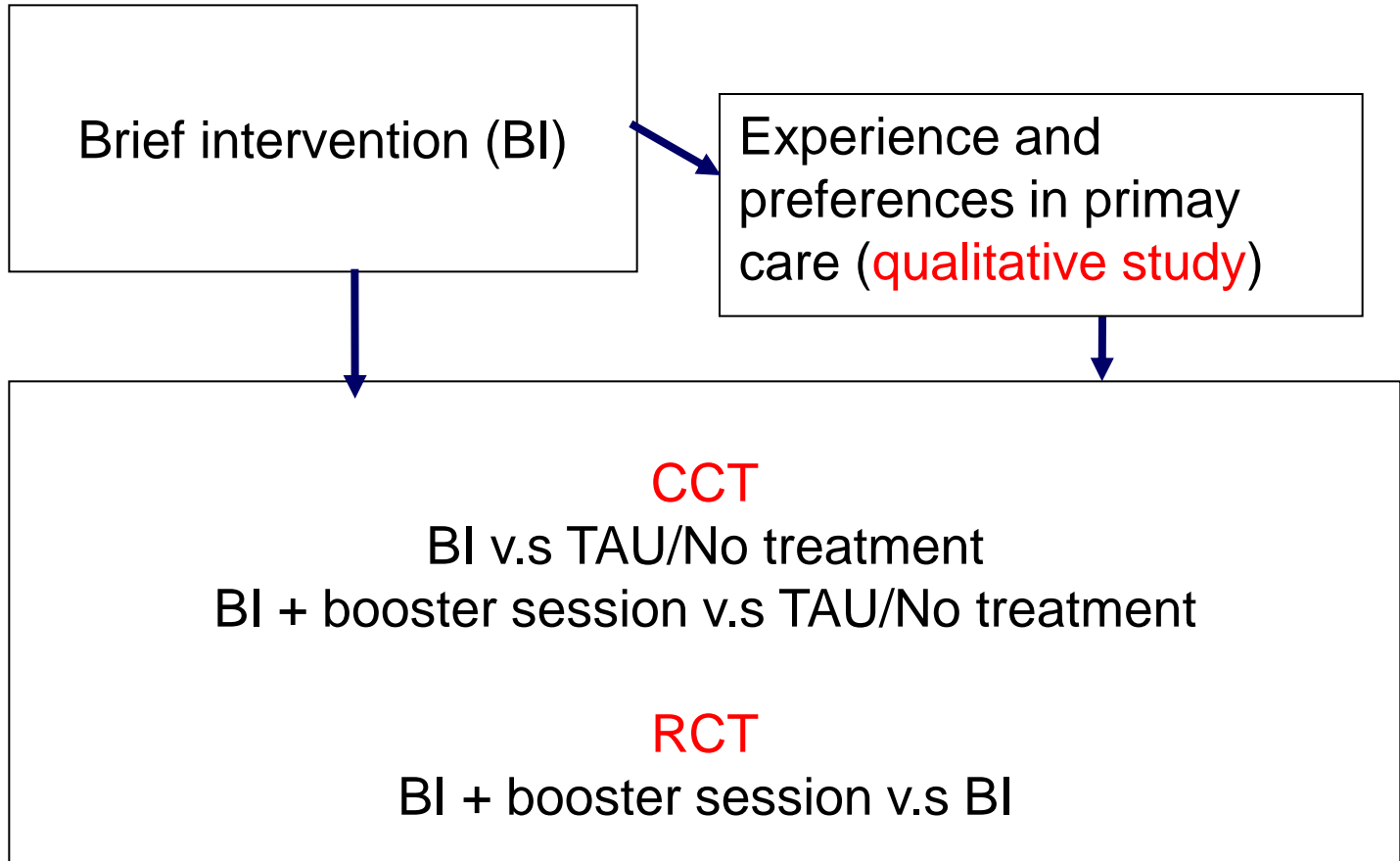
- The effect of alcohol interventions seems to be related to the intensity and continuity of the interventions
- Staff experience play an important role when developing and implementing new patient pathways

Oppedal 2011 Cochrane (submitted)

Aim

- Assess the effect of BI compared to “TAU”/no treatment
- Assess the effect of an interdisciplinary "booster session" in primary care following Brief Intervention (BI)
- Describe GP`s experience and preferences in relation to follow up of patients who has received BI

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The interdisciplinary "Booster session"

- Two weeks after discharge
- In the facility of the primary care physician
- Facilitated by both the primary care physician and a liaison alcohol nurse from Stavanger University Hospital
- The intervention is based on motivational interview technique

Methods

- The study aims to recruit 70 patients in three arms
 - BI
 - BI followed by an interdisciplinary “booster session”
 - Treatment as usual (no intervention)
- Patients will be recruited from Stavanger University Hospital and Haukeland University Hospital (TAU/no treatment)

Criteria for Participation in this Clinical Trial

- Inclusion Criteria
 - Admission with an alcohol related disorder
- Exclusion Criteria
 - Lack of ability to give informed consent
 - Referral to drug/alcohol clinic after discharge

- Gender Eligibility for this Clinical Trial: Both
- Minimum Age for this Clinical Trial: 18 Years

Outcomes

- **Primary Measures**
 - Alcohol Use Disorder Identification Test - C
- **Secondary Measures**
 - Timeline followback
 - Readmissions
 - Readiness to Change Questionnaire (RTCQ)
 - Quality of Life SF 12

Outcomes

- Outcomes will be assessed during a telephone interview six months after discharge from the hospital
- The outcome assessor will be blinded for the intervention

Results

- RCT and CCT are in the recruiting phase, and will recruit patients until December 2012
- The qualitative data is collected
 - Preliminary results will be presented at
 - » The 13th annual meeting of International Society of Addiction medicine in Oslo 2011

ClinicalTrials.gov

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