

Developing the Operational Model of Promoting Sexual Health

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Background

Turku University Hospital
- Department of Gynaecology

Turku University of Applied Sciences
- Master's Thesis

Sub-project in 10points-project
- Regional R&D project that develops
maternity welfare services



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The background of the project

- Finland's Ministry of Social Affairs and Health:
The Action Programme of Promoting Sexual and Reproductive Health 2007–2011
- The need for the operational model of promoting sexual health



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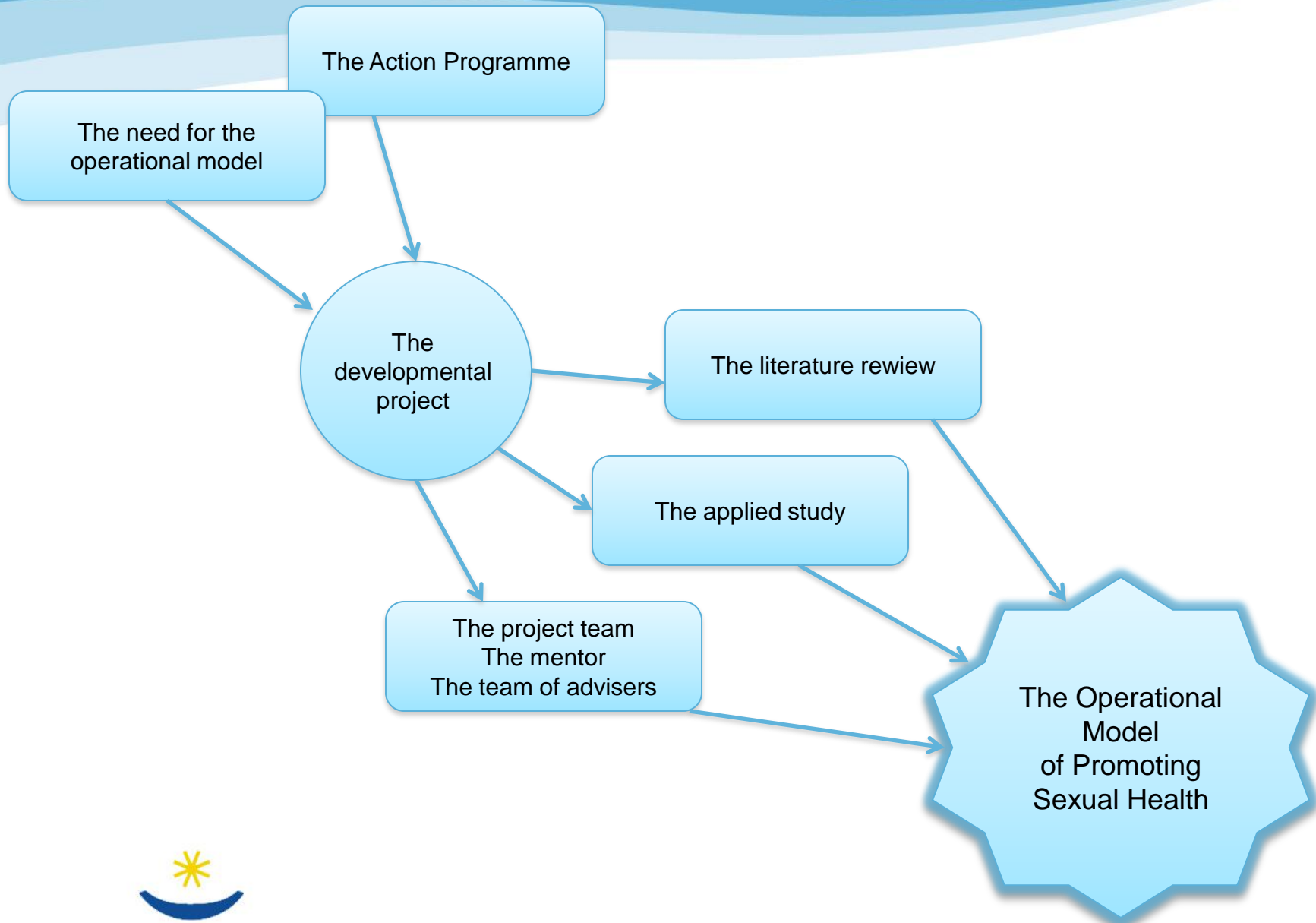
The aim of the developmental project

The aim of this developmental project was to create an operational model of promoting sexual health for the Department of Gynaecology in Turku University Hospital.

The purpose of this model is to promote

- ✓ Gynaecological patients' sexual health as a part of holistic patient education
- ✓ Strengthen the nurses' competency in addressing patients' sexuality concerns
- ✓ Promote the availability of sexual counselling and therapy





Spring 2009

Summer 2009 - Autumn 2009 - Spring 2010

Autumn

2010



The study

- The aim of the applied study was to examine the challenges of promoting sexual health in nursing

N = 49

- The results of the study were utilized in the developing on the operational model of promoting sexual health



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The study

The study identified

- ✓ Gynaecological nurses' sexuality attitudes and beliefs
MAGNAN & REYNOLDS:
The Sexuality Attitudes and Beliefs Survey (SABS)
- ✓ Barriers and conducive issues of addressing sexuality as a part of patient education
- ✓ Nurses' needs for further education in the area of promoting sexual health



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The results of the study

- ☑ Nurses feel that giving a patient permission to talk about sexual concerns is a nursing responsibility

- ☑ Barriers to addressing sexuality
 - The nurses' failure to make time
 - The nurses' perceptions that patients do not expect nurses to address their sexuality concerns
 - The nurses' lack of comfort in addressing sexuality

- ☑ Nurses felt that the patients' initiative makes addressing sexuality easier

- ☑ Nurses expressed the need for further education



The Operational Model of Promoting Sexual Health

TURKU UNIVERSITY HOSPITAL | DEPARTMENT OF GYNAECOLOGY

Values and future vision of sexual health promotion

Definition how to address sexuality as a part of holistic nursing practice

Definition of sexual education process in nursing

Nurses' competency profile for the basis of promoting sexual health

Evidence based patient guide about hysterectomy and sexuality

Brochure about sexual counselling

Strategic challenges and the plan for the process of development of sexual health promotion in

- organisation

- strengthening the nurses' competency

Evaluation of effectiveness of the model

Thank You!

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