



Case management in aftercare of court-ordered patients

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The National Board of Institutional Care (SiS)



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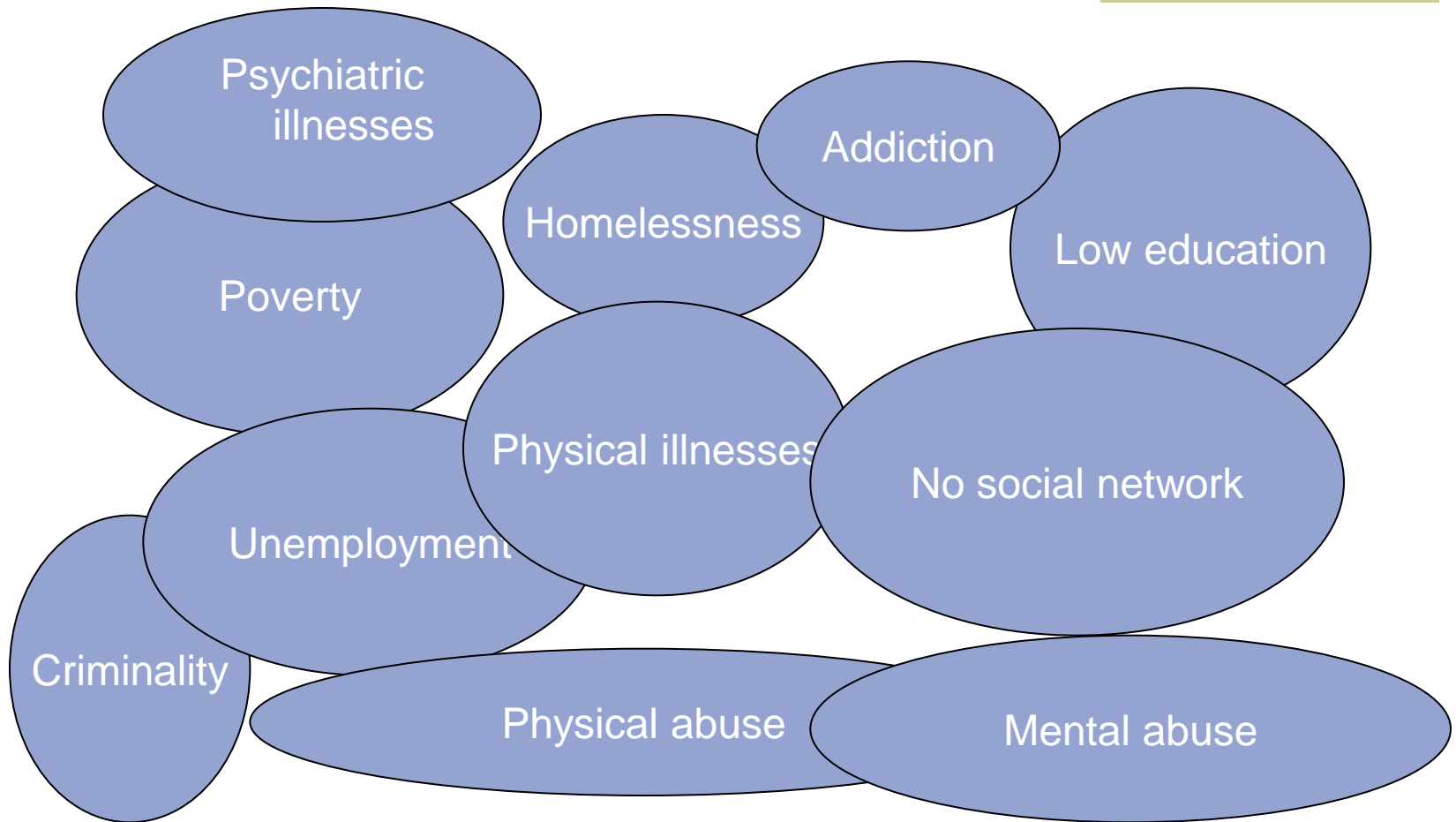
Aftercare

Only **20%** of patients with substance abuse continue in aftercare.

Donovan, D. (1998). Continuing care: Promoting the maintenance of change. In W. Miller & N. Heather (Eds.), *Treating Addictive Behaviors*, New York: Plenum Press.



Aftercare





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Aftercare

Interventions without coordination, short-term solutions, lack of collaboration between caregivers, excluding criteria, waiting-lists, restricted open hours, un-motivated staff, phone hours, insurances, re-action instead of pro-action etcetera



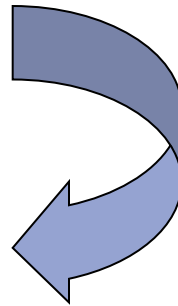
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Collaboration

Conference

Network

Project





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Collaboration

Ängelholm

Helsingborg

Fosie



Lund



Centrum

Hessleby

Limhamn-Bunkeflo

Kristianstad

Rosengård



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Hyllie



LÄNSSTYRELSEN
I SKÅNE LÄN

Hässleholm

Lunden

Karlsvik

Eslöv



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Case management

- **brokeage model**
- **clinical case management**
- **assertive community treatment**
- **intensive case management**
- **strengths-based case management**



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Case management

Assessment

Planning

Linking

Monitoring

Advocacy



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ESS- study

- *Randomised clinical trial*
- *Substance abuse*
- *Court-order*
- *Manual*



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ESS - study

SAMHSA/CSAT Treatment Improvement Protocols
State-of-the-art

TIP 27

**Comprehensive Case Management for
Substance Abuse Treatment**



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ESS - study

Interview at baseline



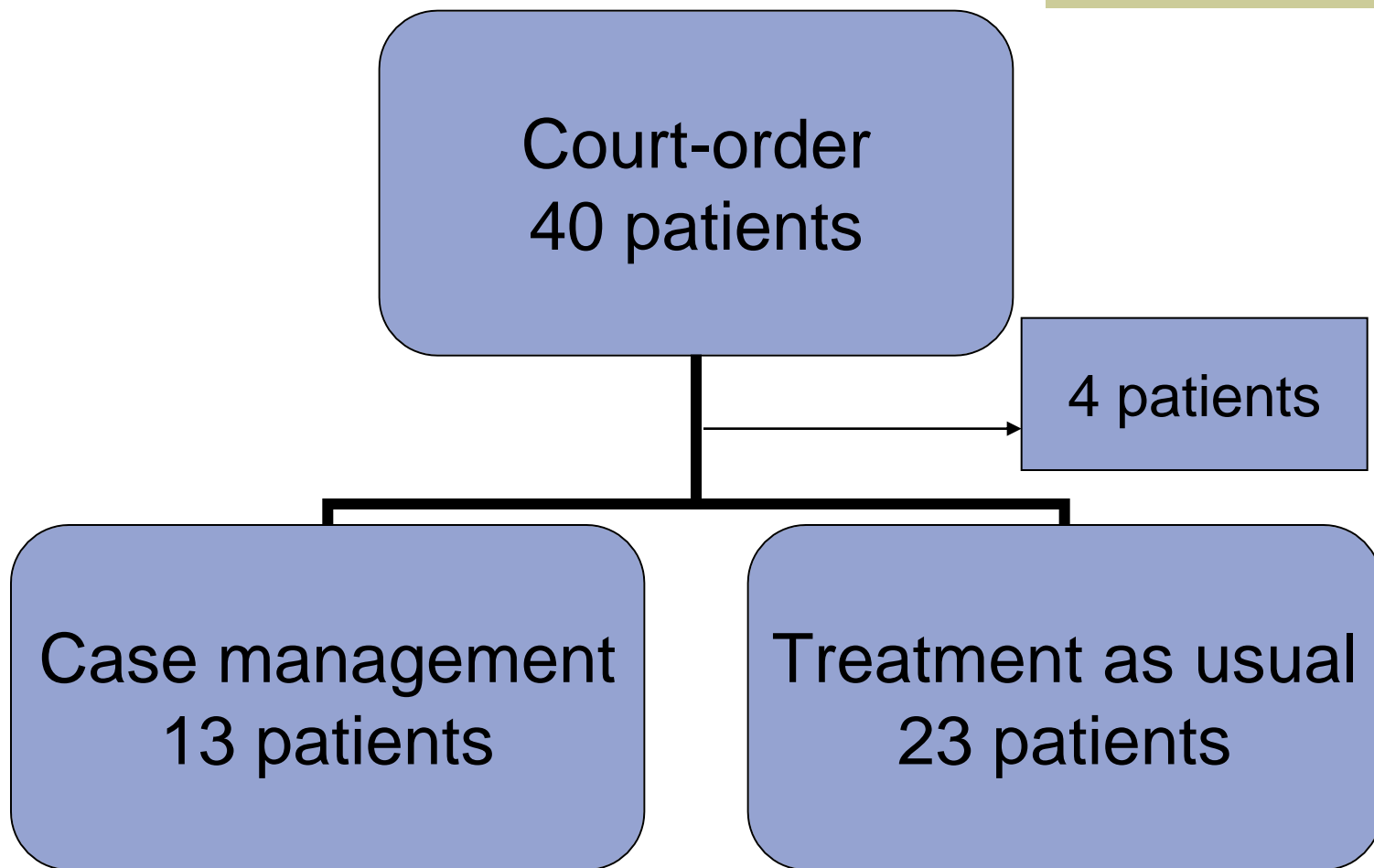
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Interview instruments

- Time Line Follow Back
- Symptom Checklist, SCL
- Short index of problems, SIP
- Global Assessment of Functioning, GAF
- Depression Rating Scale, MADRS
- Addiction Severity Index, ASI
- Experiences of Coercion (Eriksson-Westrin)
- Readiness to Change
- AUDIT/DUDIT
- DSM-IV-TR diagnosis of substance abuse



ESS-study





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ESS-study

	Case management	Treatment as usual
Age; median	43 (23-64)	38 (23-61)
Women	3 (23%)	6 (26%)
Alcohol abuse	5 (39%)	14 (60%)
Homeless past 30 days	4 (31%)	9 (40%)
Marital status; single	13 (100%)	21 (91%)



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ESS - study

Care at the institution during
a maximum of 6 months



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ESS - study

Case management or
treatment as usual
during 6 months



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ESS - study

- Coordinating contact with the health and social service systems
- The case manager's office = patient's home
- On call 24 hours/day, 7 days/week
- ▲ Low case load - high intensity



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ESS - study

Interviews at end of intervention
&
after 6 months



ESS - study

Case management

13 patients



13 patients

Treatment as usual

23 patients



Lost to follow-up:

2 patients

(1 declined

1 deceased)

21 patients

Follow-up



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Follow-up 6 months

	Case management	Treatment as usual
Abstinent	6 (46%)	3 (14%)
Not abstinent	7 (54%)	18 (86%)

Fisher's Exact Test $p < 0.05$



Follow-up 6 months

	Abstinent (9)	Some improve- ment (9)	No improve- ment (16)
In-patient health care	0	1	7*
Institutional care	1	2	10**
Out-patient health care	0	0	2
Social services	1	3	12**

Chi Square * $p < 0.001$

** $p < 0.01$



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Conclusions



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Our findings suggest that:

Case management is useful in order to retain abstinence in aftercare following court-ordered treatment



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Our findings suggest that:

The social welfare and hospital care systems seem to provide care irrespective of case manager-intervention



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Our findings suggest that:

The study design, interventions and assessments instruments were well received by patients with 90% consent to participation and 0% drop-out



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Our findings suggest that:

The study needs to be replicated with a larger population.



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Case management

Hesse M, Vanderplasschen W, Rapp R, Broekaert E, Fridell M.

Case management for persons with substance use disorders.

Cochrane Database of Systematic Reviews 2007, Issue 4. Art. No.: CD006265. DOI: 10.1002/14651858.CD006265.pub2



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Thank you!

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