

Improvement programs to improve pre- and post-abortion care for pregnant adolescents

Poster Session P2.4

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Background and objective

Teenage pregnancy is not only a social problem, but also a social phenomenon. Both during the surgery and during the recovery process, the teenage patients may face emotional stress, physical pain and discomfort. In obstetrics and gynecology clinics, it is common that adolescent girls who have undergone abortion may have many doubts and fears about the abortion pressure. Due to heavy workload, the medical staff may neglect the patient care. The aim of this study is to understand the need of pre- and post-abortion care for pregnant adolescents and to improve the satisfaction.

Methods/intervention

1. Establish obstetrics and gynecology outpatient abortion nursing care standards.
2. Create pre and post-abortion education and counseling service form.
3. Print out abortion related education flyers and birth control method education manual.
4. Organize abortion related education training courses for nursing staff.
5. Teaching nursing staff to use abortion education and counseling service form.
6. Use role-playing and case discussion as learning methods.
7. Offer contraceptive health education and psychological care.



Results

1. The completion rate of abortion nursing, health education and counseling increased from 12% to 90%.
2. The satisfaction with the care needed before and after the abortion increased from 59% to 100%, and has achieved the project goal.

Conclusions

The experiences of pregnant adolescents who go through unplanned pregnancy are mostly negative, lonely, and lack social support. Providing a counseling mechanism to help them cope with the crisis and their sense of control in their future life is a clinical topic that cannot be ignored and must be taken seriously.

Relevance to HPH

The hospital itself is a social place and a provider of health services. It also provides training, education and research to adjust the orientation of health services. It can act as an advocate of health promotion and a force for change in the community and society.



Contribution to a self-organized session

Equity-oriented approaches: Promoting the health of disadvantaged populations.

Keywords

Teenage pregnancy pre- and post- abortion care

