

# Nurses' perception of health promotion in Brazilian hospitals

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# Background

- Brazil is not part of the international network of Health Promoting Hospitals (HPH), but it supports a unified health system through national policies:

**National Humanization (HumanizaSUS )**



**Health promotion**



**Health care attention net**



# Objective

- To understand nurses' perception of HP in hospitals' care routine.

# Methods

- Interpretive description with qualitative approach,
- Open-end tool with two questions:

**What is an activity of HP in a hospital?**

**What are the activities, done by nurses, that are aimed at promoting health in hospital context?**

- 68 nurses working in clinical and surgical wards,
- Data analysis: Nvivo11,
- Ethical considerations were assured.

# Results



## Definition of HP actions

- Orientating patients/family about diseases' treatment
- Respecting patients' needs
- Supporting quality of life after discharge

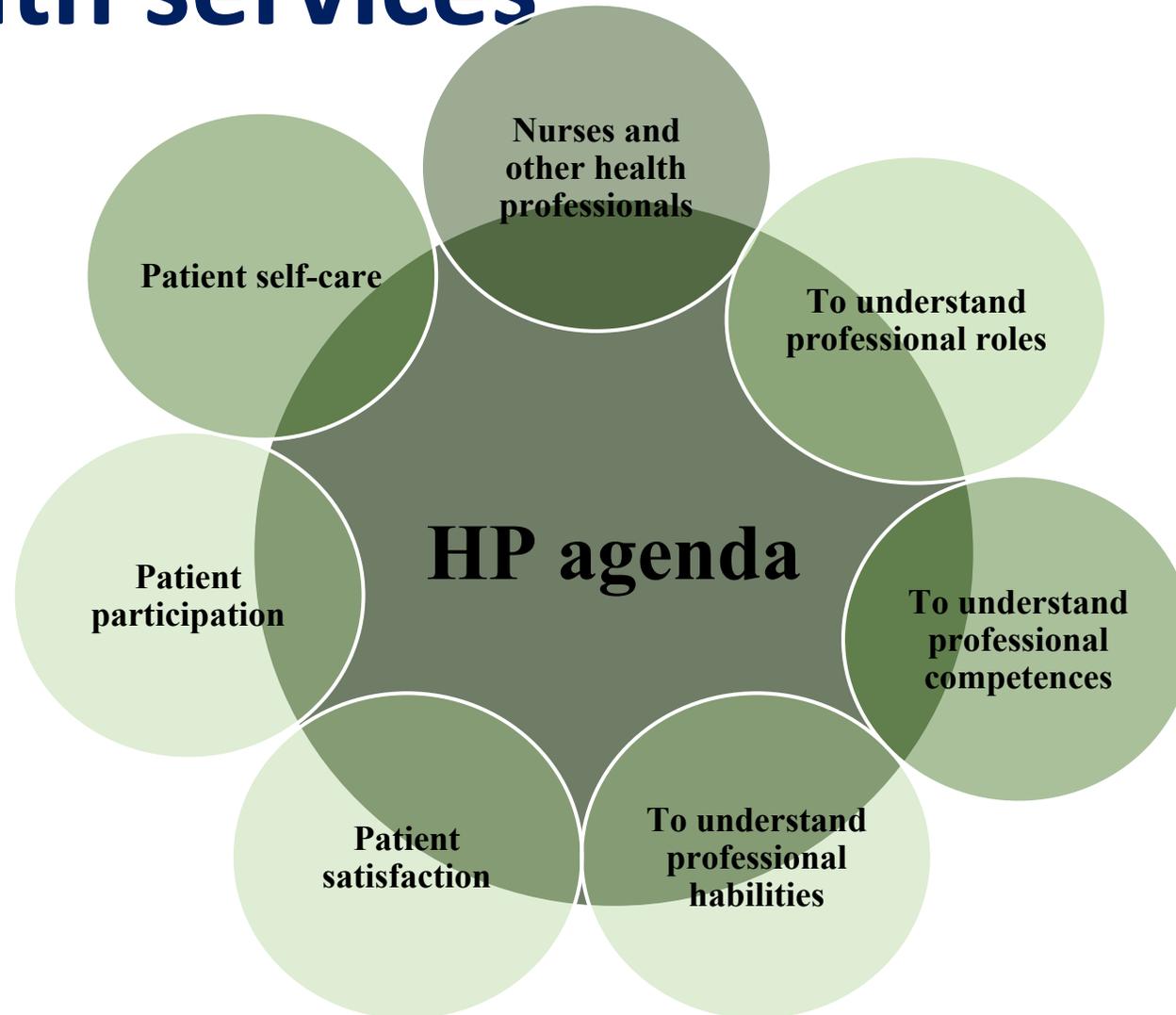


## Nurse's activities to promote health

# Conclusions

- HP activities translate into attending patients' needs even though related to acute exacerbations or diseases' treatment.
- The biomedical model of care permeates nurses' quotes.
- it may influence the way they understand patient's needs during hospitalization.

# Relevance to health promoting hospitals and health services



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