

Correlation between nutrition flow chart and improving nutrition intake of cancer inpatients

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background:

Cancer patients tend to have malnutrition, Studies have shown that 50% of cancer patients will Suffer cachexia and symptoms such as weight loss, fatigue, anorexia, easy to feel full, drowsiness, anemia, emaciation and electrolyte imbalance, in addition to the patients metabolic changes The treatment process may have different side effects, reduce food intake and aggravate malnutrition.

Another study pointed out that malnutrition increased cancer mortality and weight loss will increase the incidence of cancer patients and mortality, reduce treatment tolerance and quality of life. For cancer treatment patients, the earlier nutrition care plan and actively supplement nutrition is the key to maintaining good quality of life

purpose:

For cancer treatment patients, the earlier nutrition care plan and actively supplementing nutrition is the key to maintaining good quality of life.

Enhance patient care in hospitalized patients with nutritional care quality, establish standard operating procedures to provide more complete medical care for cancer patients undergoing chemoradiation or surgical treatment.

method:

Identify the reasons for the low quality of nutritional care in inpatients with cancer by using quality control methods based on human, material and information systems, formulate countermeasures Active nutrition care and revise the cancer consultation conditions in the Daily Nutrition Watch list in the information system , Introduce cancer patients with C and Z at the beginning of the cancer diagnosis code into the "Daily Nutrition Visiting List" Nutritionists take nutritional care according to the daily nutrition visit list and establish a cancer supervisor Referral to cancer patients Nutritional Advisory Pipeline Cancer regulators can reorganize the list of new cases of cancer patients Nutritional care for nutritionists and referrals for nutritional care Demand inpatient cancer patients and outpatient cancer patients for nutritional care New cancer nutrition care information system After the completion of the nursing care of cancer patients, this system allows you to log in content such as cancer,

subjective data, objective data, diet history, nutrition assessment, nutrition diagnosis, nutrition intervention, diet plan, goal and monitoring, tracking Results and other information. Increase after discharge of the hospital to visit the new set of cancer nutrition counseling clinic.

result:

Improve the nutritional care rate of cancer patients before and after Data comparison
Cancer care nutrition care rate increased from 26.7% to 76.7%

Improve the heat of patients with cancer before and after the comparison of protein data

The total number of cancer nutrition care cases totaled 33, of which 22 were caloric intake up to 75% of recommendations, accounting for 66.6% of total cancer nutrition care cases. Cancer patients achieved a higher rate of caloric intake from 43.3% to 66.6%

The total number of cancer nutrition care cases totaled 33 and the recommended intake of protein was 75%, accounting for 63.6% of total cancer nutrition care cases.

The rate of uptake of protein in cancer patients increased from 47.7% to 63.6%.

TV Caring Care Tracking Cancer Nutrition Care Effectiveness Phone Tracking

Malnutrition (n = 33)

The number of people who tracked before decreased from 60.6% to 6, 18.2%

discuss:

Through quality control measures, we can find out the true application of the proposed strategy in clinical care operations process by early intervention in case nutrition care assessment and appropriate health food and education guidance we can increase the patient's correct nutrition intake knowledge, thereby improving nutrition intake, Strengthen When the patient was discharged from hospital and was unable to visit, he would like to improve his nurse care quality by changing his caretakers' visits or attending a cancer nutrition clinic to increase their cancer nutrition care. (Therefore, improving the nutrition note process to increase nutrition care case nutrition and health education and then to enhance the nutritional intake of cancer inpatients are related.)