

# Parent-Child Music Group of Self-Image Improvement Plan for Burned Children

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## Introduction/Background

The motivation for the establishment of the parent-child music group is to help burned children to recover them from poor self-concept and to effectively improve interpersonal relationship and the health promotion of parent-child relationship, so that the self-confidence of those injured children can be strengthened through the successful experience by the program. Besides, those similar situation parents can get peer support in the group also playing a great role in reshaping the value and meaning of their family life.

## Purpose

Besides, guide parents how to give children appropriate not spoiled companionship helping children learn independently in group and also promote healthy parent-child relationships.

## Methods

The diversity of the medium of the course makes children learn in fun. Group leader uses some puppet props, rhythm cards, or solo to guide children to become little leaders. By encouraging children to sing or perform alone in a short period increases children's self-confidence and enhances the transformation of their self-concept.

## Music course

- Little leader
- Group sing
- Limb rhythm



## • Presentation

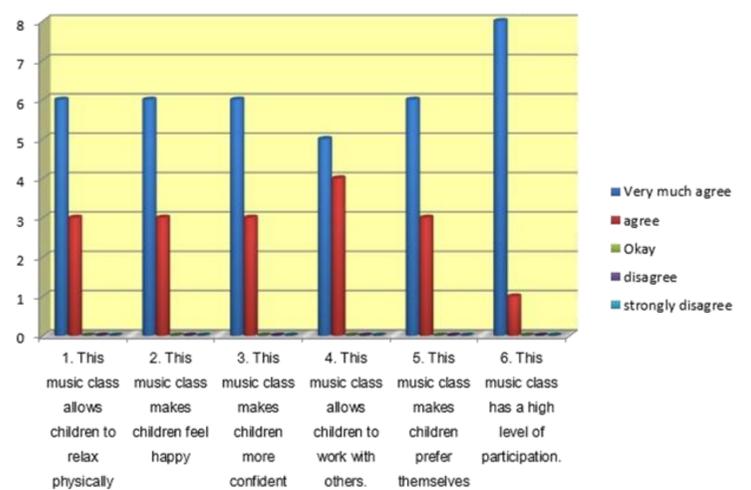


## • Rhythm card application



## Results

100% of parents agree that this music class lets children happier. Children like to cooperate with other injured children to perform music, and they are more able to show self-confidence in the group. Parental participation is high in the process of courses.



## Conclusions

The use of musical elements helps these burned children to break the poor self-image after the injury, and to reduce anxiety and fear of interaction with people, so that injured children and parents can re-develop the concept of healthy self-image in a safe and pleasant environment.



## Relevance to HPH

This program is an example that hospitals not only can provide physical care, but also mental and spiritual care by music. In the case of burned children, music can help children to re-accept their self-body image after the injury, and promote the parent-child relationship, so that children and parents have a healthy mentality to face the life after the injury.



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