27TH INTERNATIONAL CONFERENCE ON HEALTH PROMOTING HOSPITALS AND HEALTH SERVICES Balancing high tech and high touch in health care: Challenges and chances of digitalization for dialogue Warsaw, Poland | May 29-31, 2019

02.2 Governance and leadership for HPH II - 30 May 2019 h 14.15-15-45 Room Syrena+Wawel 2 floor



## HPH regional governance in Friuli Venezia Giulia:

#### regeneration & enhancement during the health reform

Dr. Cristina Aguzzoli

**Regional Coordinator HPH** 

Central Directorate for Health, Social Policies and Disabilities of Friuli Venezia Giulia -ITALY

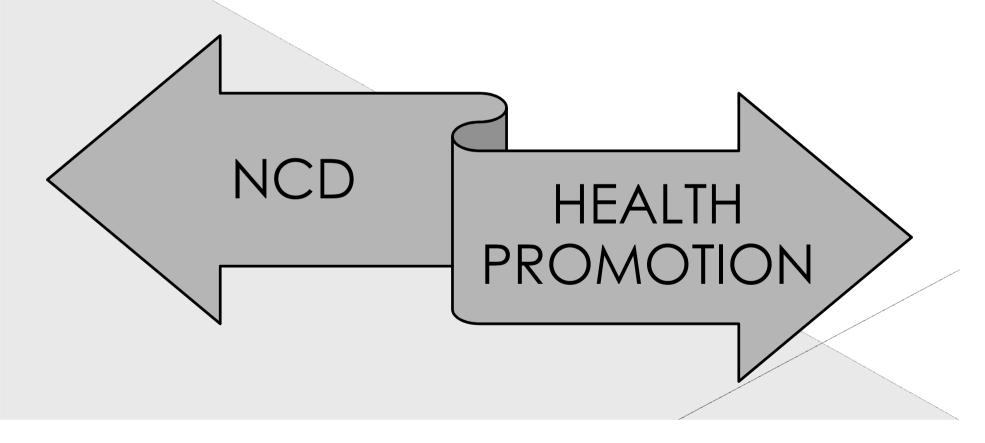
Hospital Assistance Services Area

Cristina Aguzzoli and Luisa | Giacomini Coordinating Centre

Regional HPH Committee: Dr. Alessandro Conte and

Lucia Amarilli; Lamia Channoufi; Roberta Fedele; Carlo Antonio Gobbato; Amedeo La Diega; Patrizia Portolan; Luisa Dudine; Stefano Russian; Luana Sandrin; ChiaraTunini; Mariagrazia Valentini; RaffaeleZoratti; Giuseppe Tonutti and Fabio Samani as Health Manager of the Area

## We are facing a global problem



#### Some Network on Health Promotion.....

- http://healthwest.org.au/
- https://www.iuhpe.org/index.php/en/ France and Canada
- www.wcpt.org/hplw health Promotion in Life and work London
- http://www.aunsec.org/aunhealth.php
- Network of Health Promotion Foundations
- ENWHP- European Network for Workplace Health Promotion (Perugia-Italy)
- www.cdc.gov/workplacehealthpromotion/research/network/index. html
- https://eupha.ora/health-promotionUtrecht The Netherlands
- http://www.knowledge.scot.nhs.uk/home/portals-and-topics/healthimprovement/hphs.aspx
- NTNU Center for Health Promotion Research Norway
- SDCC Health Promotion Steno Diabetes Center Copenhagen
- UNESCO's Chair for Global Health and Education
- EuroHealthNet
- HP Forum, Gentofte, Denmark

#### **HEALTHY SETTINGS**

- Cities Villages
- Municipalities and Communities
  - School
- Workplaces
- Hon
- Island
- Hospitals
- Prisons
- Universities
- Ageing

#### Cities Networks

- Alliance for Healthy Cities
- International Healthy Cities Foundation
  - Making Cities Work (USAID)
- WHO Regional Office for Europe Links to all national network sites

#### Schools Networks

- Mega Country Network Healthy School Programme
- European Network of Health Promoting Schools
- International School Health Network
  - WHO Region of the Americas HPS Resources and Information US Healthy Schools Network, Inc.

#### Workplace Networks

- European Union Network (27 member states plus EEA)
  - WHO Western Pacific Regional Network for Health Promoting Workplaces (11 participating countries)

#### **Hospitals**

- WHO Regional Office for Europe Health Promoting Hospitals
- WHO Collaborating Centre for Health Promotion in Hospitals
- WHO Collaborating Centre Secretariat for Health Promoting Hospitals

https://www.who.int/healthy\_settings/types/eities/en/

#### HPH ROLE AND TRANSFORMATIONAL BARRIERS

HPH Governance: the setting based approach in order to enhance and spread the vision

HPH is not connected to significant initiatives

Lack of leadership

trained about the

topic

The HPH Standards
The setting based
approach

Low prioritization of health promotion

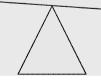
saving time and resources if HPH is the only health promotion strategy in the healthcare setting

General Managers with a failed / limited understanding of HPH

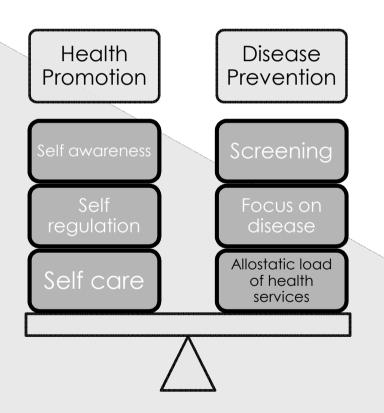
Benchmarking

An attitude that favors diagnosis and treatment with respect to health protection

Organisational Change to Health Promoting Hospitals: a review of the Literature C.B. Lee – 2013-



## A lot of meeting about the vision



## Organizational distress: crisis or opportunity?



## Regional law 17 December 2018, n. 27

Main Topics of the Health Reform

- the reduction of health services: from eight to six;
- the creation of a coordinating agency to rationalize costs and make the service more efficient; the redefinition of the relationship between large and small hospitals;
- the new social-health integration that restores role to the Municipalities

## Health Directorate in Friuli Venezia Giulia: the common aims about health promotion







Infrastructure for health promotion ......

#### In 2017 we started the regeneration

### STANDARD 1: POLICY 2018



2018 Action Plan: the regional ordinance

each company identify a local HPH Coordinator, who will also be part of the regional HPH Committee (by February)

the Health
Directorate will
reconstitute the
Regional HPH
Coordination
Committee
(by April)

the regional HPH
Coordination
Committee will
establish a
regulation, which
will be formalized
by the Health
Directorate
- (by June)

the regional HPH
Coordination
Committee will propose
to Health Directorate
the worklines to be
implemented in
hospital and health
services organizations
and an action plan for
2019 and subsequent
years
(by November)

each member
of the HPH
network will
activate the
Local HPH
Committee
(by November)

# Constitution of the Coordination Committee

## In 2017 we started the renewal of the network STANDARD 1: POLICY 2018



Direzione centrale salute, politiche sociali e pisaвіціта

tel + 39 040 377 5551

salute@certregione.fvg.it salute@regione.fvg.it I - 34124 Trieste, riva Nazario Sauro 8



Ordinance / Regional area for hospitals and health services

Ordinance n° 937/SPS 2018/09/29

Object: Network Health Promoting Hospitals & Health Services (HPH) of Friuli Venezia Giulia (FVG):

Constitution of the Coordination Committee



## THE HPH MEMBERS 2018: establishment of the coordination committee

#### the following public Health Services:

- 1. Health Care No. 2 "Bassa Friulana Isontina" (AAS2)
- 2. Health Care No. 3 "Alto Friuli-Collinare-Medio Friuli" (AAS3)
- 3. Health Care No. 5 "Western Friuli" (AAS5)
- 4. Integrated University Healthcare of Udine (ASUIUD)
- 5. Integrated University Health Service of Trieste (ASUITS)
- 6. International Research Children Hospital IRCCS "Burlo Garofolo" of Trieste (BURLO)
- 7. "Oncological reference center" of Aviano (PN) (CRO)

#### the following private accredited Health Services:

- 1. "Pineta del Carso" Aurisina (TS)
- 2. «San Giorgio» Policlinico Pordenone
- 3. "Salus" Trieste

#### the following affiliated members:

1. Association L.E.A.R.N. Private Bilingual School



### STANDARD 1: POLICY 2018

2018 Action Plan: we published this regional ordinance

- each AAS / ASUI / IRCCS will identify a local HPH Coordinator, who will also be part of the regional HPH Committee (by February)
- the Health Directorate will reconstitute the Regional HPH Coordination Committee (by April)

## REGIONE AUTONOMA FRIULI VENEZIA GIULIA DIREZIONE CENTRALE SALUTE, INTEGRAZIONE SOCIO SANITARIA, POLITICHE SOCIALI E FAMIGLIA tel+39 0403775531 fax+39 0403775523 salute@regione.fvg.it salute@regione.fvg.it salute@regione.fvg.it 1-34124 fileste.fiva Nozario Sauro 8

## -the regional HPH Coordination Committee will establish a regulation, which

will be formalized by the Health Directorate, for the composition and operation of the HPH Local Committees (by June)

- the regional HPH Coordination Committee will propose to Health Directorate the worklines to be progressively implemented in hospital and health services organizations and an action plan for 2019 and subsequent years (by November to be included in the Guidelines for the management of Health Regional System of 2019)
- each member of the HPH network will activate the Company Steering Committee (by November)

## 2018 THE NEW REGULATION

Decree nº 1100/SPS 2018/07/31

rules for the functioning of the health promoting hospitals & health services network (Hospitals and Health Services for Health Promotion) of Friuli Venezia Giulia and the composition and functioning of the HPH local committees



Decreto nº 1100/SPS del 31/07/2018

#### Decreto / ASAO

Direzione centrale salute, politiche sociali e disabilità Direttore dell' Area dei servizi assistenza ospedaliera

RETE HEALTH PROMOTING HOSPITALS & HEALTH SERVICES (HPH) DEL FRIULI VENEZIA GIULIA (FVG):
APPROVAZIONE DEL REGOLAMENTO.

Il Direttore dell'Area Servizi Assistenza Ospedallera

### 3.ORGANIZATIONAL MODEL

# All the public and private bodies accredited by the Regional Health Service participate in the HPH network.

- The Region, through its HPH Coordination, has joined the international HPH Network in a unified manner, therefore the participation of the Public Health Services in the activities is to be considered due;
- the adhesion of accredited private providers remains voluntary, although strongly desired.





### 3.ORGANIZATIONAL MODEL

#### The HPH FVG network consists of:

- 3.1. Central Health Directorate, Social Policies and Disabilities
- 3.2. Regional Coordinator HPH
- 3.3. HPH Local coordinators
- 3.4. Referee contacts of others regional programs

- 3.5. Link professional for health promotion
- 3.6. Professionals of the Health Regional System and of the accredited private structures belonging to the HPH network
- 3.7. Citizens

3.5. Link professional for health promotion

- Each health service identifies at least one medical professional link and / or one of the health professions for the following organizational areas and keeps the nominal list updated:
- prevention
- district
- hospital department
- - assistance platform
- mental health
- addictions



### 4. TOOLS OF THE "HPH FVG NETWORK"

- 4.1. Regional HPH Coordination
   Committee
- 4.2. Regional targeted working groups
- 4.3. Local HPH Coordination Committees

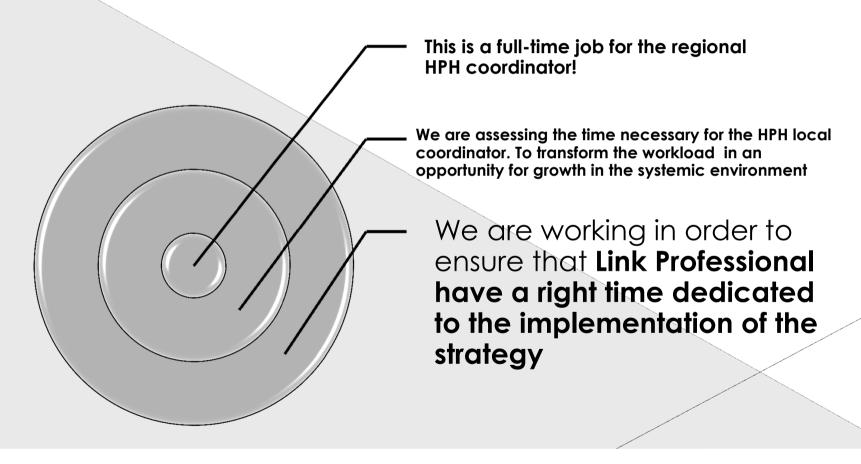
 4.4. Regional website www.retehphfvg.it
 Work in progress

## 5. WORKING METHODOLOGY some keypoints

- clarity of the keywords, principles, values of the HPH network as Health Promotion in the healthcare setting even before in the community;
- 2. stability to the vision, dissemination and enhancement of the culture of the HPH network tools present in the Toolbox section of the website www.hphnet.org;
- clarity of the organizational identity of the Health Promotion in the setting, other than Disease Prevention, managed by prevention departments, and by Health Education;
- central role of hospital, district, prevention department and mental health department in carrying out health promotion programs;



#### 6. TRANSPARENCY AND COMMUNICATION OF INFORMATIONS



### STANDARD 1: POLICY 2018



- the regional HPH Coordination Committee will

The regional HPH Coordination Committee will be repossible to a social or family constraints, politic the social or family constraints, politic the social or family constraints and the regional politic the social or family constraints. The regional politic the social or family constraints are constraints. The regional politic the social or family constraints are constraints. The regional politic the social or family constraints are constraints. The regional politic the social or family constraints are constraints. The regional politic the social or family constraints are constraints. The regional politic the social or family constraints are constraints. The regional politic the social or family constraints are constraints are constraints. The regional politic the social or family constraints are constraints are constraints are constraints. The regional politic the social or family constraints are constraints are constraints are constraints. The regional politic the social or family constraints are constraints are constraints are constraints. The regional politic the social or family constraints are constraints are constraints are constraints are constraints are constraints. The regional politic the social or family constraints are constraints are constraints are constraints. The regional politic the social or family constraints are constraints are constraints are constraints. The regional politic the social or family constraints are con

propose to Health Directorate the worklines to be implemented in hospital and health services organizations and an action plan for 2019 (by November to be included in the Guidelines for the management of Health Regional System of 2019)

# Regional FVG WORKLINES 2019 3.7 Chapter : The HPH Network oyees Patients

**Employees** 

subjective well-being and psycho-physical dimensions:

- occupational physicians and regional HPH coordination identify a strategy to implement the assessment of subjective well-being during the periodic visits
- at the time of the periodic visit, the competent doctor measures the dimensions of psycho-physical well-being through a brief medical history and evaluation of body composition (fat mass / lean mass ratio)
- Occupational physician collaborates with the HPH committee for the recognition of the corporate offer concerning healthy lifestyles and facilities (evidence of healthy setting for life style and stress management)

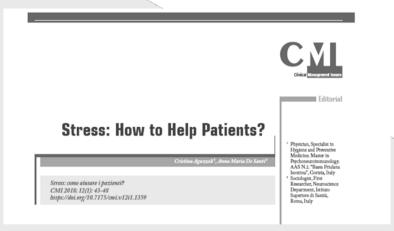
 - abstention from tobacco smoking in the peri-operative phase

### Citizens

 promotion of physical activity and healthy nutrition when they have access to the Hospital & Health Service

#### ONE OF THE MAIN TOPICS:

Chronic stress and lifestyles of the employees are resonant with patients



BMJ Open Does occupational distress raise the risk of alcohol use, binge-eating, ill health and sleep problems among medical doctors? A UK cross-sectional study

Asta Medisauskaite. 1 Caroline Kamau<sup>2</sup>

Medisauskaite, Kamau BMJ 2019

Aguzzoli, De Santi CMI 2018

In our network we are working since 2010 on resilience and wellbeing of the employees.

At the moment the Occupational Physicians are attending the Open Academy of Medicine CIC

International School of Specialization and Continuing Medical Education With disciplines as: Neuroscience, Metabolism, Immunology, Endocrinology, NeuroImmunoModulation, Clinical Nutrition and Physical Rehabilitation.

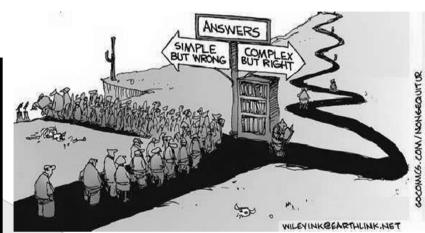
BMJ Open: first published as 10.11;

And as we heard last year in Bologna at the 2018 HPH conference, by Alex Berland from In Source .....

Promoting on-going change in a

Complex Adaptive System

- Create a supportive, learning environment
- 2. Tolerate difference and conflict
- 3. Encourage risk taking and innovation
- 4. Take action without perfect evidence
- 5. Expect adjustments (complex adaptive systems are adaptive)



#### **Key Words**

- organizational resilience
- leadership
- upgrade
- HPH policy
- HPH committee
- link professional



HPH Friuli Venezia Giulia Network



Thanks a lot for your attention!

Cristina.aguzzoli@regione.fvg.it

www.retehphfvg.it