

Constructing a diversified residential long-term care institution for senior citizens

Objectives

Taiwan is expected to exceed 20% in 2026 and enter a super-aged society. The hospital implements the long-term care policy, establishes a one-stop service and establishes a "residential long-term care institution", hoping to be able to care for the elderly and disabled people to get a place where they can rest and rehabilitate, realize localized services and maintain the quality of life.

Results

The rate of accommodation in senior institutions increased from 69.02% to 75.04%. The establishment of residents' care quality indicators includes falls, unplanned weight changes, and nosocomial infection and pain monitoring; service staff quality indicators include handwashing compliance and accuracy, nasogastric tube feeding and other nursing technology audits and service satisfaction.

Methods

1. Space planning: The institutional environment is spacious and beautiful, paying attention to safe movement; the room layout and meeting space are warm and comfortable, elegant and clean, and have privacy.
2. Facilities and equipment: 3D animation interactive system and muscle rehabilitation facilities to prevent residents from dementia, slow down aging and improve balance ability; pressure out of bed monitoring records the amount of bed rest activity and the distribution of body pressure.
3. Professional team: "backed by medical care" provides a care model that integrates long-term care, community medical care, and home medical care; "healthy, elderly, and happy life" is jointly created by a multi-professional medical care team and administrative system "; Professionally plan residents' activities and nutritious meals to improve the quality of friendly care for the elderly.

Conclusions

Combining local resources, serving the disadvantaged groups with long-term care in the region, providing comprehensive elderly care services, rebuilding the confidence and health of the elderly, and long-term care institutions play an extremely important role in elderly care.

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