"If I Were You - Experiential Learning" Applied in Psychiatry Clinical Training

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Purpose

To make students feel hospitalized for psychiatric patients, to improve their knowledge and skills, to think and grow on their own, to provide more friendly care.

Methods

The first week was through the teaching of communication skills, role-playing, and meeting with patients. In the second week, through the experience of auditory hallucinations, the patients experience the mental symptoms. In the third week, experience the restraint of limbs, enter the protection room, wear restraint, etc., and feel the process of patients being treated. On the fourth week, the psychiatric patient experienced the inconvenience of the patient in a closed environment by playing the role of the patient.

Results

15 trainees from 106.05.22 to 108.05.31, nursing students' knowledge of psychiatry The average number of pre-tests is 73 points, and the average number of post-tests is 94 points. The satisfaction of the teaching activities provided by the internship units with the internship goals reached 96.78%. Students said that experiential learning methods are special and novel, they can motivate and return with a lot of learning. They also learn a lot of things that you would not know without witnessing them.

Conclusion

It also provides experience opinions during the study, for example: the protection room can play light music for patients to relax, the choice of color can be soft, such as pink; the round neck of the restraining clothes is more comfortable to change the V shape; Popular trends, the purchase of X-BOX one, mini hardcover game machines, puzzle game equipment, activity design increase digital somatosensory groups, mentally strong cognitive groups.

Relevance to HPH

Experiential teaching improves the use of communication, care and empathy skills of nursing students, thinking from the patient's point of view, understanding the patient's emotions and feelings, and objectively giving back to patients and units. Making the ward more friendly to the patient's needs to build a friendly treatment environment can also improve the patient's resilience and hospitalization satisfaction.