



Teaching and learning of CKD primary care

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Background

A total of 115 patients with CKD (chronic kidney disease) were collected, 78% of whom were over 65 years old. How to provide appropriate health education methods for elderly patients, improve the effectiveness of health education, and delay the progress of CKD is the main goal of early comprehensive CKD care.

Materials and Methods

All 115 of CKD outpatients were enrolled from the section of Nephrology in the medical center. We randomized these subjects into two groups. The experimental group (n=58) multimedia information about health education, and the ones in the control group (n=57) received the routine nursing protocol for outpatient. The follow-up duration was three months (March 1, 2022, to May 30, 2022). At the conclusion of the activities, the two groups' self care cognition test, Health education satisfaction and Inspection rate were compared.

Results

In the experimental and control groups, the health-promoting perception score, 90 and 70, health education satisfaction 90 and 75, Inspection rate was 93% and 67%, Drug compliance and health beliefs were significantly improved, with significant differences between the two groups. This shows that using multimedia for health education can help to improve health Knowledge, attitude and practice regarding.

Conclusion

The use of multimedia makes the boring health education curriculum vivid and lively. It can also deepen the impression on patients' minds and promote the elders' ability to control their own health and care. In the future, we will implement a variety of health education methods for elderly patients, increase their interest in health education, and conduct personalized corresponding teaching.

Relevance to HPH

Facing the age of the aging population, it is indispensable to build a friendly medical treatment environment for the elderly. Educate the elders in the easiest way to understand and memorize the different needs of the elders, to assist in the cognition of obtaining actual disease care.