

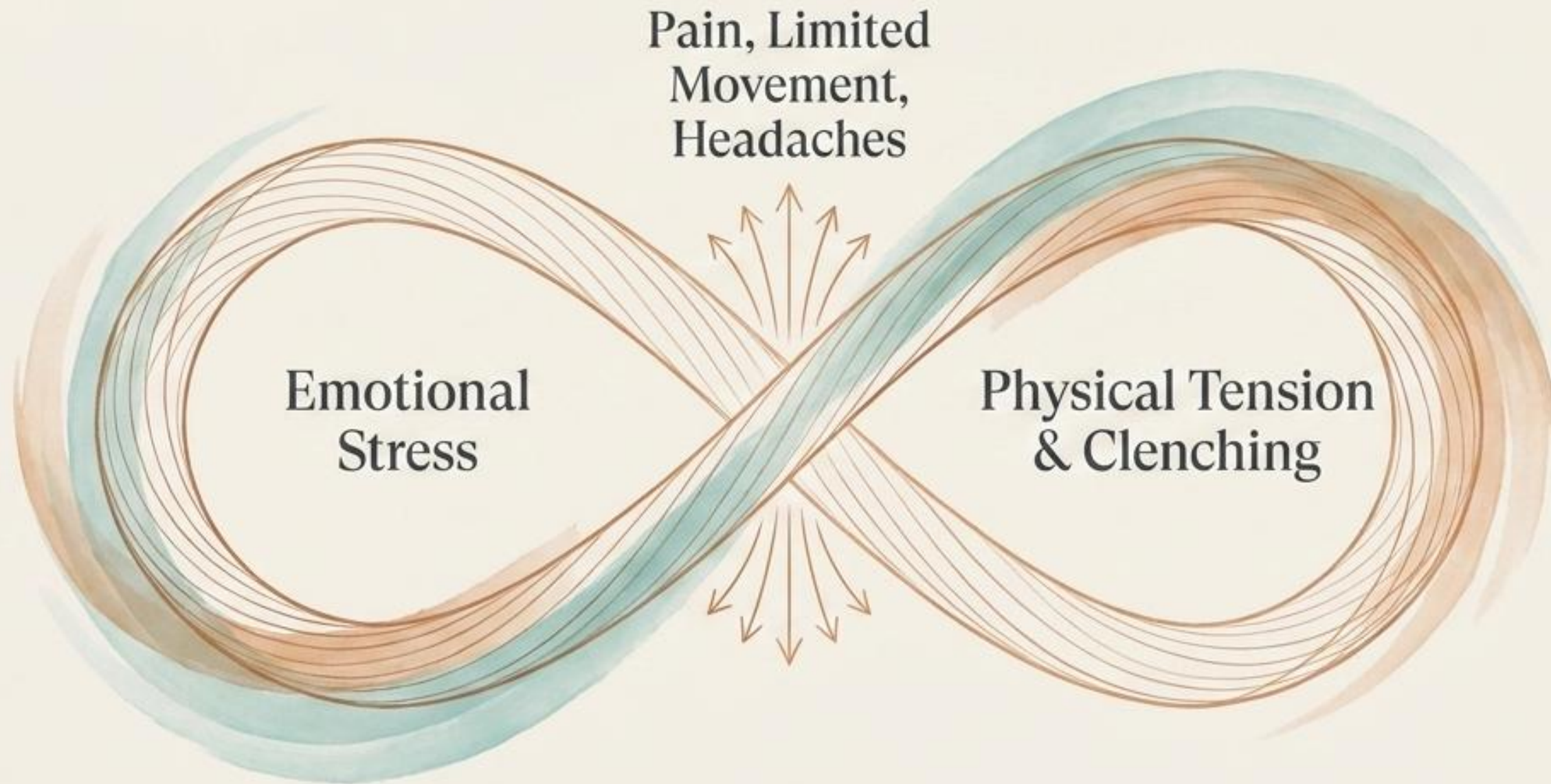


# **Manual Therapy for TMD Management**

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# The TMD Trap



\*Seeking a conservative alternative to medication and invasive surgery.

# Two Divergent Treatment Paradigms

## The Traditional Path

Invasive surgical procedures

Heavy reliance on  
pharmacological medication

Focuses primarily on symptom  
suppression

## The Conservative Alternative

Safer manual therapy

Non-invasive physical  
manipulation

Targets the root mechanical and  
muscular tension

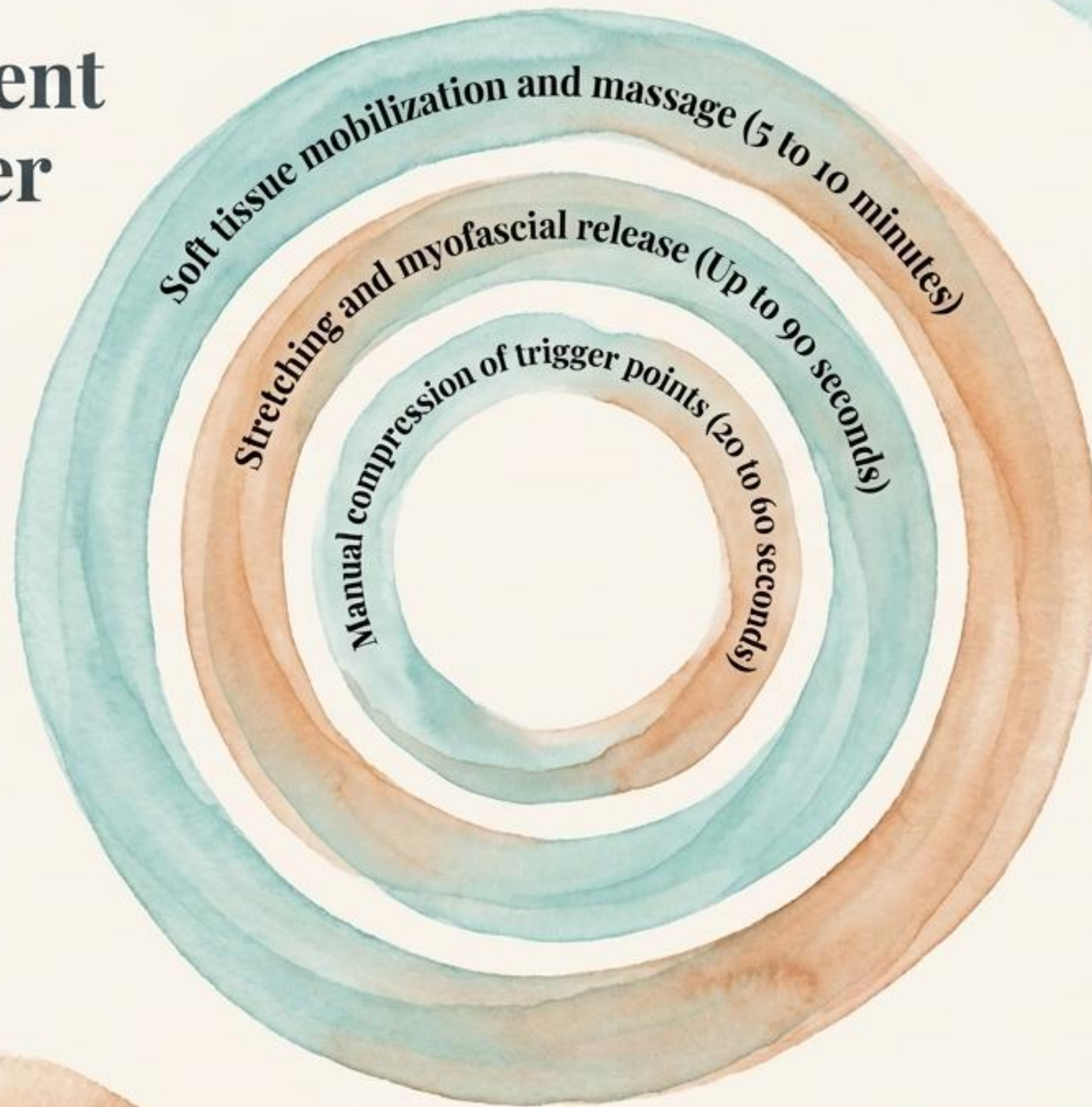
# The Foundation of Evidence

# 1A



Two systematic reviews confirming significant short-term pain relief and restored jaw function.

# The Treatment Chronometer

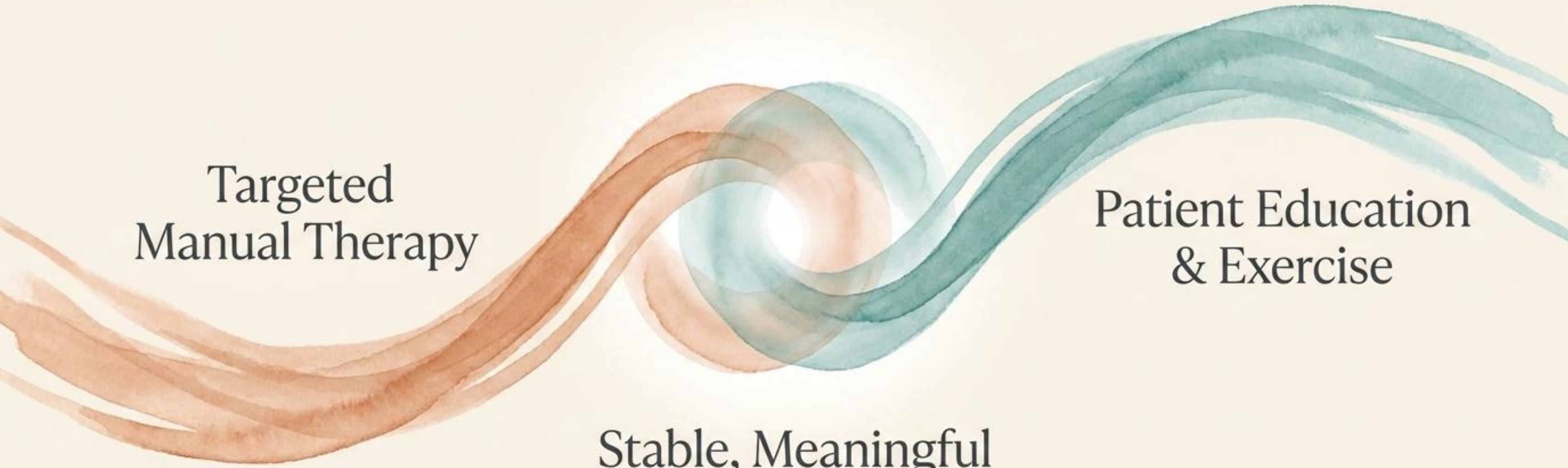


# The Formula for Stability

Targeted  
Manual Therapy

Patient Education  
& Exercise

Stable, Meaningful  
Outcomes



# The Health Promoting Hospitals Philosophy

A patient-centered model that reduces medication reliance and prevents unnecessary surgery





# Safe. Proven. Holistic.

By using our hands to heal, we offer patients  
a path to a better quality of life.

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Thank you