

Health promotion in hospitals: communication as a key domain of action on nurse's practice

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Background

- Nurses have dynamic and diverse roles in hospital settings;
- Considering the Budapest Declaration aims:

Nurses are able to encourage patient self care

Nurses are able to create a safety environment in wards

Nurses are able to ensure effective dialogue

Objective

- To identify the most frequent nurse's health promotion care practices in hospitals.

Methods

- Descriptive analyses with quantitative approach.
- A validated/trialed four points Likert-type questionnaire: to **identify HP activities in hospital settings**.

DOMAIN A

- Encourage an active and participative role for patients according to their health potential

DOMAIN B

- Recognize differences in values, needs, and cultural conditions for individuals and groups

DOMAIN C

- Create supportive, and stimulating living environments, especially for long-term and chronic patients

DOMAIN D

- Enhance the provision and quality of information, communication, and skill training for patient/relatives

- 68 RN's of medical/surgical wards- Public teaching hospitals in Recife-PE-Brazil.

Results

- The **domain D** (quality of information and communication) was the most accomplished (Friedman and Wilcoxon's tests $p < 0,001$).
- The most accomplished **action** in domain D was the item “**I communicate with inpatients and relatives, using clear, objective and easy to understand language**” (Friedman’s Test $p < 0,001$).

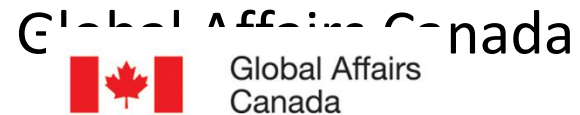
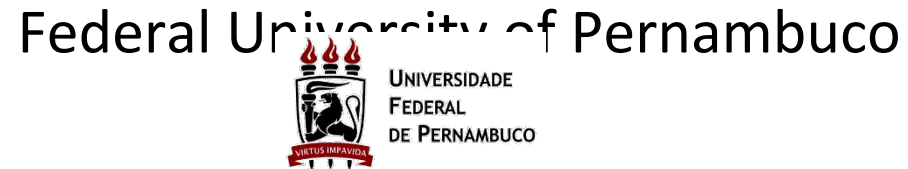
Conclusions

- Nurses acknowledge the importance of providing information and communication to patients and are aware of the urge of communication quality.

Relevance to health promoting hospitals and health services

- The study revealed and reinforced the potential of Nurses' educator skills to support patient recovery and wellbeing;
- The discussion of best communication practices must be assured and emphasized inside hospitals as the foundation for reaching quality of care, patient safety, and good workplace relationships.

Acknowledgement



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