

A Study on the Intervention of Western and Traditional Chinese Medical Care in Taiwan's Coastal-rural areas

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Background/Problem/Objective

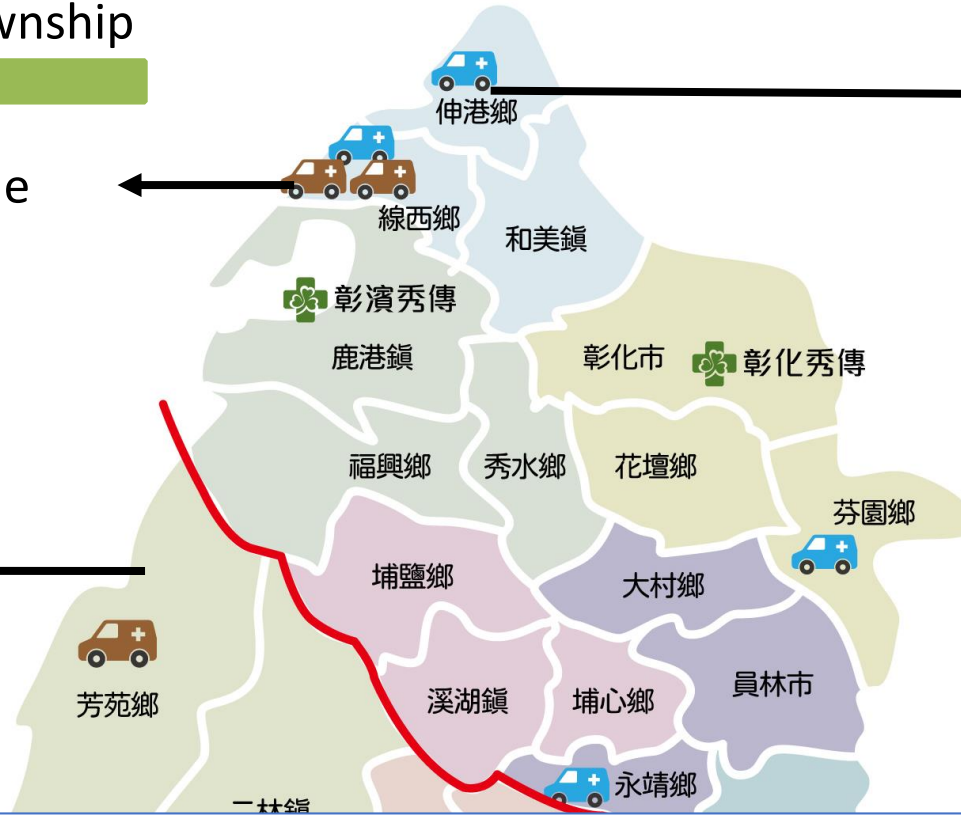
- Xianxi Township
 - GI
 - Dr. Yeh
- Xianxi Township
 - Chinese Medicine
 - Dr. Chen
- Xianxi Township
 - Chinese Medicine
 - Dr. Yeh

Fangyuan Township

- Chinese medicine
- Dr. Yang

Shengang Township

- Family Medicine
- Dr. Cao



Provide western and traditional Chinese medical care services through mobile clinics to achieve
 「safeguard and promote the holistic the health of rural areas and communities」



Methods/Intervention

Methods/Intervention

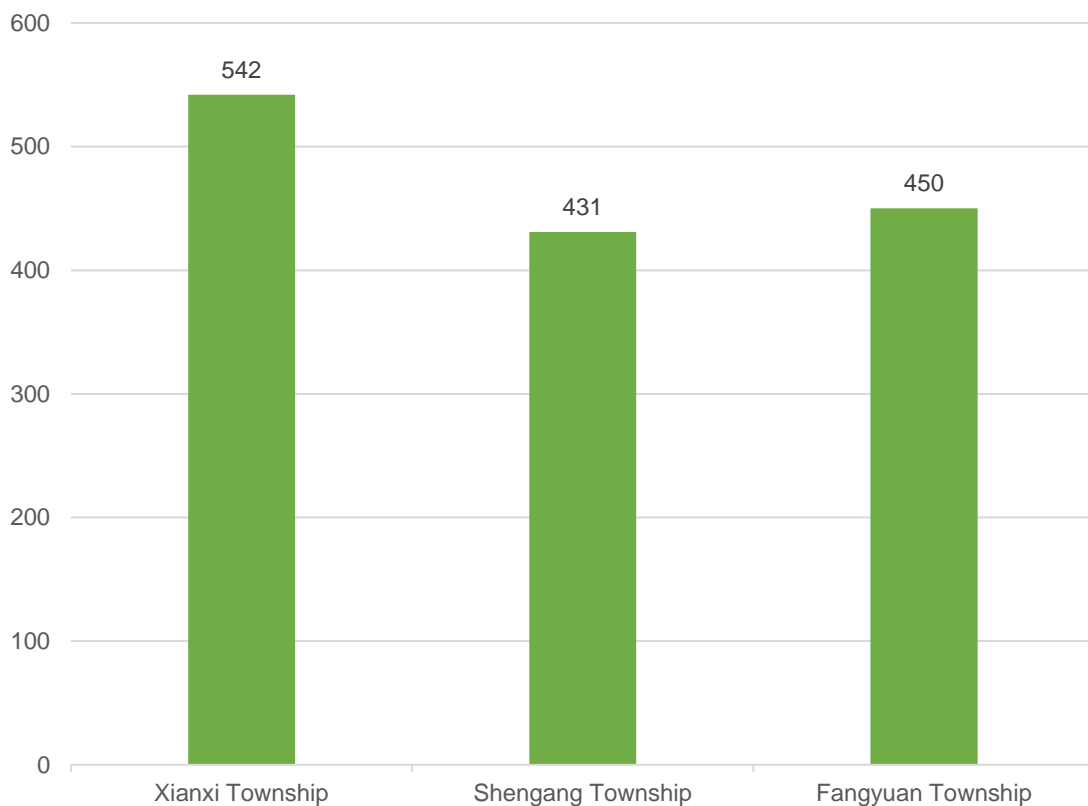
This study focuses on the intervention of medical care and health promotion services in the coastal-rural areas of Changhua County in Taiwan by allocating medical professional resources. **The study examines the impact on the health of residents before and after the allocation of resources**, while providing community health education and consultation services alongside medical care by stationed medical professionals in the community.



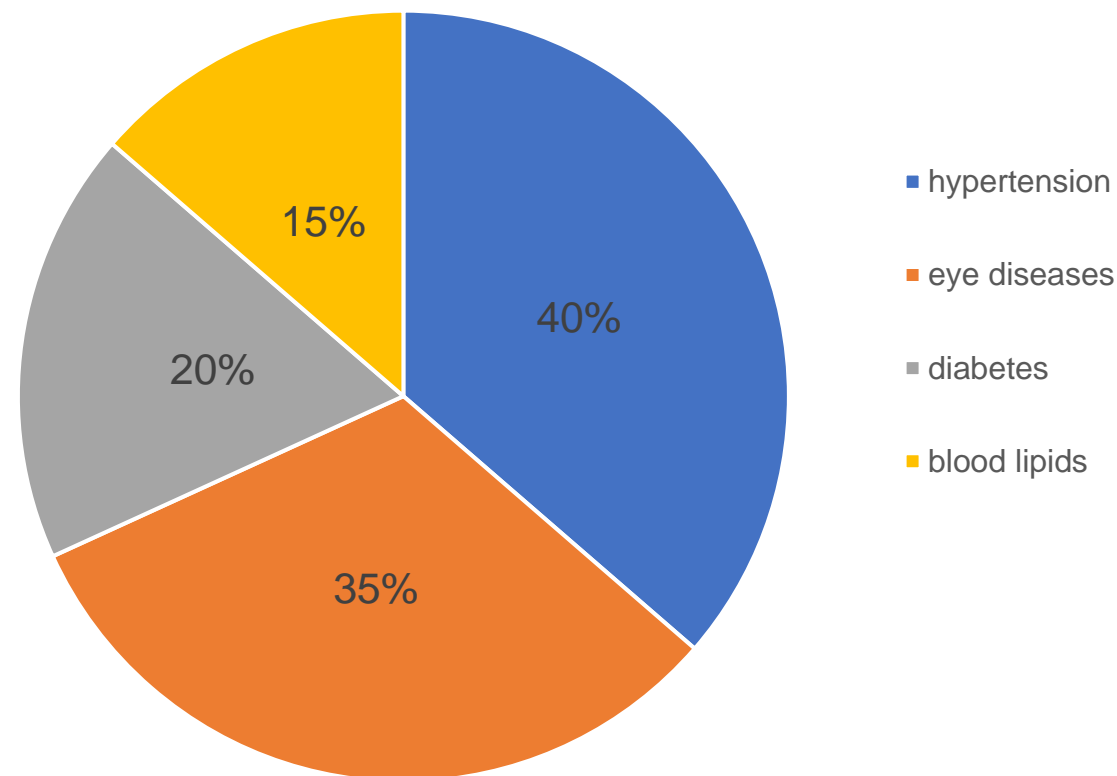


Results Results

1,423 people (80% of the annual total) received regular medical treatment at mobile sites.



The actual improvement rates were as follows: hypertension (40%), eye diseases (35%), diabetes (20%), and high blood lipids (15%).





Conclusions

The results found that through the provision of professional diagnosis, treatment, health education, dietary and exercise interventions by the professional medical mobile clinic of Western and traditional Chinese medicine , coastal residents no longer experience delays in seeking medical care or developing illnesses due to

- (1) lack of medical institutions and professionals,
- (2) remote video consultation models,
- (3) knowledge and skills in health promotion,
- (4) assistance with emergency medical transport
- (5) inconvenience

Therefore, it is evident that coastal-rural medical care services can effectively improve health and prevent diseases.