



Establish the strategy of referral program from Hospital discharge planning to Long Term Care Center

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Abstract Introduction

Demographic statistics show that low birth rates and higher life expectancy is transforming the age distribution on population structure in Taiwan. The policy of the long term care system in health care institution has been gradually developed to home care based in the residential area. Patients who discharge from the hospital can obtain high-quality and safe care at home with the regular visiting of professional medical teams.

Methods

The hospital discharge planning program provides as follows: (1) Supporting the Hospital discharge planning for patients who need long term care. (2) Discusses the care planning for discharge patients with Health Bureau and Social Council long term care team. (3) Post an announcement about discharge planning guidance for patient to hospital conferences or meeting. (4) Training medical team member to acquire professional medical coach certificate. (5) Establish a hospital discharge planning center connect to long term care service. (6) Providing multidisciplinary care to a discharge plan for patients.

Results

Patients who admitted in Puzi hospital and run to a standard discharge planning procedure within 3-5 days, and then refer to long term care center for evaluation. In general, There are nearly 25% of Medicare patients readmitted within 14 days after release. This study shows that discharge patients can be reduced 14% of the 14 days readmitted rate from 25.3% to 11.0% in Puzi hospital. And admit patient who obtain care service go up to 50 (original is 38) after connection long term care service center of local government.

Conclusions

In conclusion, a discharge plan can help older who suffer from dementia or disability to continuously assist with basic care (physiological and physical). With the corporation from the hospital and care center of local government, medical teams can improve the care quality on discharge patient to reduce the unplanned readmission rate to 11%. Therefore, the local government has set its top priorities from those cases to cooperate with hospitals to reduce the unplanned readmission expends also improve the care quality on patients' life.



Discharge Planning Announcement

Long Term Care Center

Meeting Patients' Needs