













"SAY - ASK - UNDERSTAND"

#### 1. THE PROJECT

INTER-AGENCY project within the framework of the Vienna Alliance for Health Promotion in Health Care

#### **Key data**

- Duration: 09/2018 to 03/2021
- Project agency: Vienna Health Promotion ("Wiener Gesundheitsförderung – WiG")

#### **Target groups**

- Staff of the pilot departments involved
- Patients / residents and relatives, especially vulnerable groups
  - Migrants
  - People with intellectual and multiple disabilities
  - Hearing-impaired persons
- Senior management teams of the institutions involved
- Specialised public

# 2. PROJECT OBJECTIVES

- Improve the quality of conversations for patients / residents / relatives
- Improve organisational health literacy
- Optimise organisational processes
- Empower patients / residents and relatives
- Transfer know-how and deliver sustainable implementation

#### 3. ALLIANCE PARTNERS

- Vienna Health Association ("Wiener Gesundheitsverbund")
  - Vienna General Hospital
  - Medical University Campus
- Vinzenz Group
- Austrian Health Insurance Fund (ÖGK)
- Vienna Health Association Geriatric Centres and Nursing Homes of the City of Vienna with Socio-Medical Care
- General Accident Insurance Association -Vienna Regional Office (AUVA)
- Vienna Board of Trustees for Nursing Homes (KWP)

#### 4. PROJECT MODULES

### a. Staff empowerment

- Communication training for staff of the pilot departments
- Improving the communication skills of all professional groups with direct patient contact
- Aligning with the requirements of the pilot departments

5. PROJECT EVALUATION



#### a. Process evaluation

- Are the target groups being reached? Obstacles / facilitating factors in the context of implementation?
- Decision-making basis for transfer? Lessons learned for rollout?

#### b. Local organisational development

- Sustainable anchoring of optimal communication processes in routine operations
- Providing support for the pilot departments through regular advisory workshops

## c. Patient, resident and family empowerment

- Awareness-raising events for staff
- Materials that support patients / residents / relatives to prepare for conversations in the medical / care setting



Lorenz

Böhler UKH

Gesundheits-

Margareten

Herz Jesu

KH Göttl.

**UKH Meidling** 

Pflegewohnhaus

Hanusch

Pflegewohnhaus

# **b.** Evaluation of outcomes

- Interviews based on a standard short questionnaire (tablet support provided)
- Staff survey
- Self-assessment using a tool for health literacy in health facilities
- Guided interviews with project leaders in pilot departments and leaders of the pilot departments

For more information about the project "Health literacy and quality of conversation: SAY - ASK - UNDERSTAND", please visit: www.wig.or.at IMPRINT Media owner and publisher: Wiener Gesundheitsförderung gemeinnützige GmbH - WiG, Treustrasse 35-43, Stiege 6, 1200 Vienna, Tel. 01 4000-76905, www.wig.or.at, Contact: Clara Strozer, MSc, Email: clara.strozer@wig.or.at



















