



■ Introduction ■

Although smoking prevention is promoted gradually, our city Osaka is still the highest in smoking rate among major cities in Japan. Since 2012, our hospital has delivered smoking prevention class at community elementary schools to educate the importance of no tobacco use.

Given increasing community needs for smoking prevention, it was necessary for us to optimize our works in order to provide more lessons with higher efficiency in continuous manner.

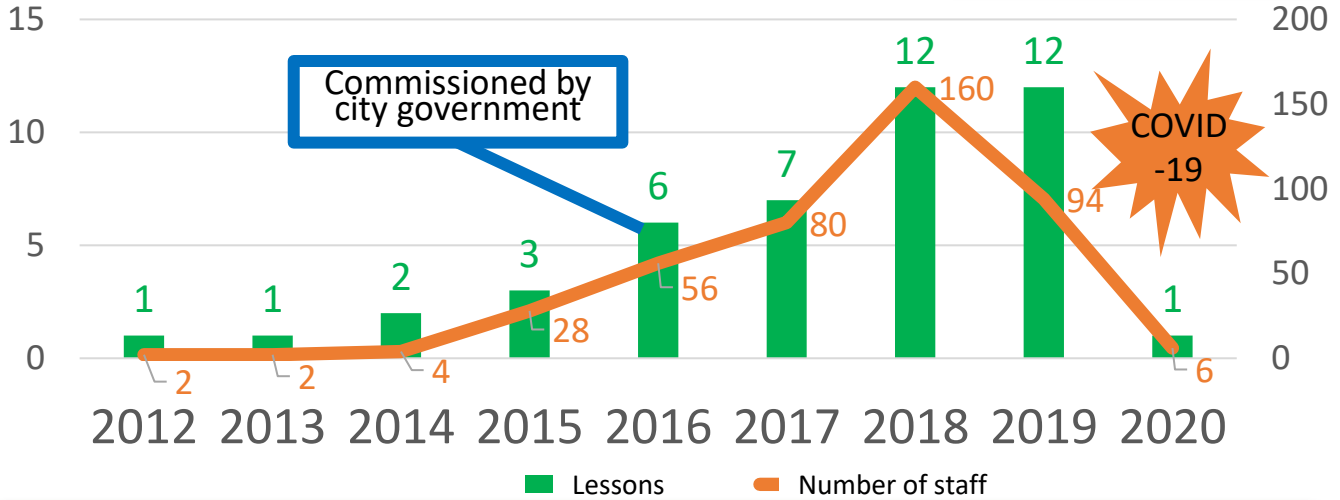
■ Method ■

- ① Since 2016, a staffed office was established to process secretarial works from application, preparation, to report making systematically. An operation manual was prepared for this.
- ② The lesson program was reviewed so that even a beginner staff can be an instructor as well.
- ③ The program became a part of hospital freshman orientation; staff placement became easier for us.
- ④ Meetings were held with local Medical Association and government, and the program was commissioned officially from the city administration and we received subsidy.

Smoking Prevention

We went to elementary schools in community, and provided:

- 1) Study sessions on Tobacco harms, and
- 2) Role playing of how to refuse smoking when invited (one staff per 6-7 students).



■ Results ■

- Operation of the program became systematic by establishment of a secretariat. Now that it is a government-commissioned program, official publication is possible, and the number of delivered-lessons have increased.
- As the number increased, we needed more staff. Now the staff is provided organizationally that we hardly have to go through the trouble of recruiting the staffs. A good orientation and feedback system is established, so anyone can become a staff easily without any previous experience.
- Ever since the program was commissioned from the city administration, collaboration has expanded outside of our hospital to other medical institutions, public nurses, and people in the community.

■ Conclusion ■

- Organizational operation with secretariat helped us to have smooth operation and collaboration with others, and to give increasing number of smoking prevention class in order to meet the needs of community. Also, it contributed to shape an easier setting for staff to take part in HPH activity.
- Due to Covid-19 pandemic, the number of lessons given at school classroom has decreased, but now we are working on other means of delivery including online program.