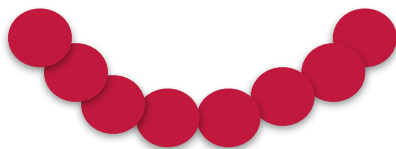


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Martin Beck

Welcome!



Red Noses

- * Program for children
- * Program for the Elderly
- * Circus Patientus
- * Program in rehabilitation facilities
- * Varieté
- * Emergency Smile
- * Theatre for children with special needs
- * Outreach program
- * Intensive-Smile (I-Smile) program



I-smile



procedure of a I-smilie visit in general



- * Receiving information from the ward
- * „Warm-up“
- * Explanation of upcoming treatment?
- * Accompanying the child to the treatment room
- * Introduction to the doctor/nurse
- * Medical treatment and clown intervention
- * Discussion of results?
- * End of medical treatment
- * Accompanying the child out
- * Farewell



What does a clown do?
just a few ideas



- * She/he is stupid
- * She/he becomes the child's friend and needs nothing in return
- * She/he is empathetic
- * She/he has some magic and enchantment
- * She/he can direct the focus from a fear-triggering process to a clownesque world
- * She/he has music
- * She/he can set a "good" example" in a treatment process
- * She/he creates a positive, relaxed atmosphere
- * She/he takes care of nervous mums
- * She/he reinterprets the experienced treatment situation
- * And - she/he is stupid



Which treatments are accompanied by clowns?

(just a few examples)

Heart Ultrasound

blood sampling

Accompaniment
to MRI

EEG

Abdominal ultrasound

Accompaniment
to operations

medical examinations
on children's wards

Accompaniment to
the plaster room



Research

- * **Vagnoli 2005**

- * reduced anxiety during induction

- * **Golan 2009**

- * reduced anxiety in waiting area but not during induction

- * **Berk, Tan 2009**

- * Cortisol level is lowered, Increase in T-cell lymphocytes, Increase of the natural killer cells

- * **Vagnoli 2010**

- * reduced anxiety during induction and better than sedatives

- * **Auerbach, Ruch, Fehring - 2016**

- * Positive emotions elicited by clowns and nurses

Cooperation with medical and nursing staff

- * What are the needs of medical staff?
- * What are the clowns' needs?



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any
?



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Martin Beck,

Thank you!

