



馬偕紀念醫院
MacKay Memorial Hospital

To Respond Covid-19 slowing down- Improving the Community Resilience of Health Stations

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- MacKay Memorial Hospital
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29TH INTERNATIONAL CONFERENCE ON HEALTH
PROMOTING HOSPITALS AND HEALTH SERVICES
VIENNA, HYBRID CONFERENCE | SEPTEMBER 20-22, 2023



International Network of
Health Promoting Hospitals
& Health Services



TAIWAN

- Capital: Taipei
- Population: 23 million
- GDP (nominal): 2021 estimate Total US\$ 775 billion, Per capita \$33,011
- Life expectancy: 77 years (men) 84 years (women)
- Area Total 36,193 km² (136th)



台北101



芒果冰



地瓜球



珍珠奶茶



小籠包



臭豆腐



Introduction⁽¹⁾- Distribution of Health Stations

- 5 Districts
- 68 Health Stations
- 449 Local Volunteers
in Community

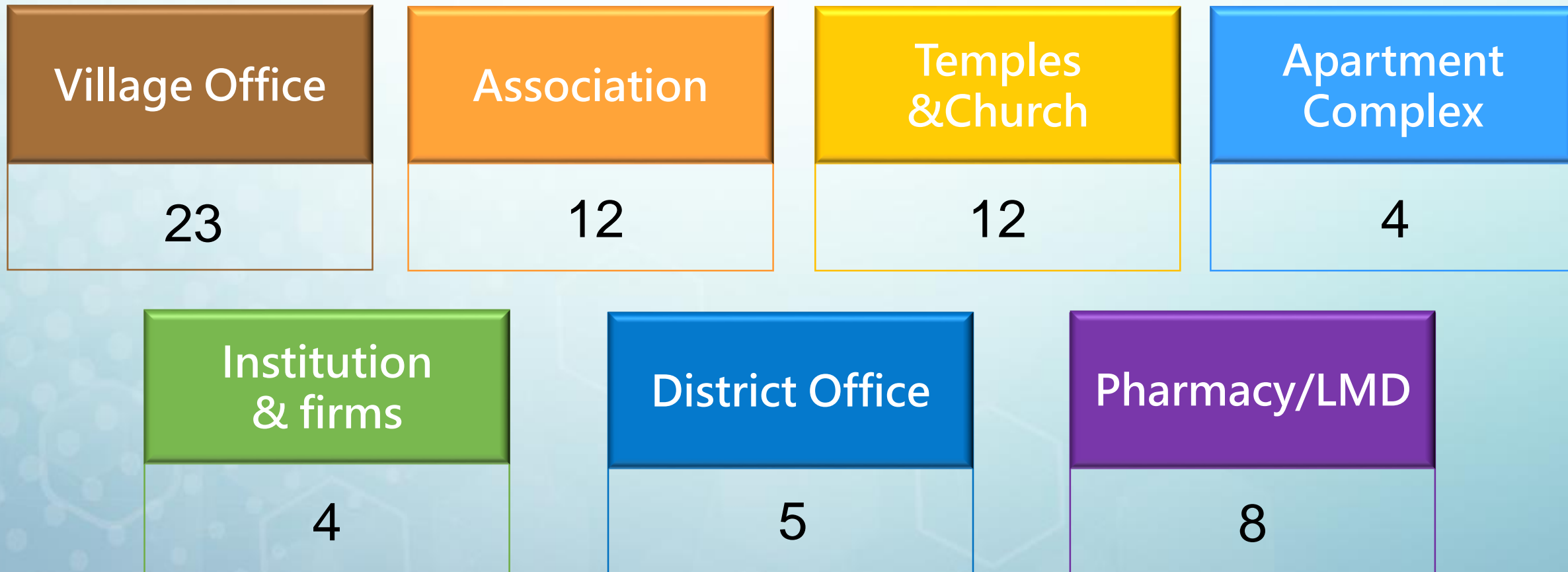
Update until 2023.06.30



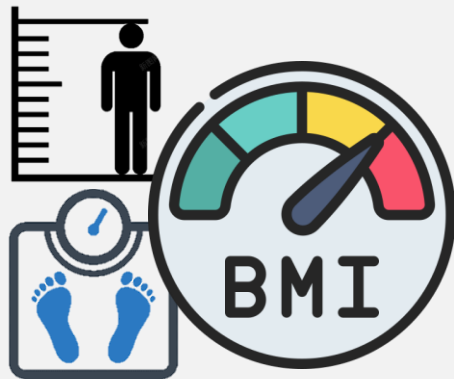
Sanzhi District	Service	2
	<u>Platform</u>	1
Tamsui District	Service	22
	<u>Platform</u>	23
Bali District	Service	3
Wugu District	Service	6
Luzhou District	Service	10
	<u>Platform</u>	1

Introduction⁽²⁾- Group Types of Health Stations

- 7 group types of community groups



Introduction⁽³⁾- Service of Local Volunteers



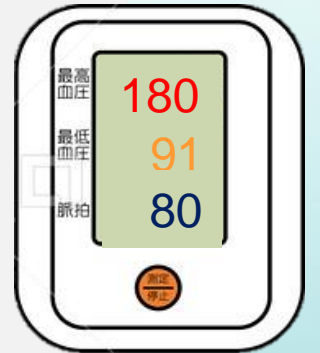
BMI



Waist



Blood Pressure



- **Physiological measurement** (including BMI, abdominal waist and blood pressure).
- **Medical referral** for people with abnormal blood pressure.

(Systolic BP over 160 or Diastolic BP over 100mmHg)

Introduction⁽⁴⁾- Multi-Services of Health Stations



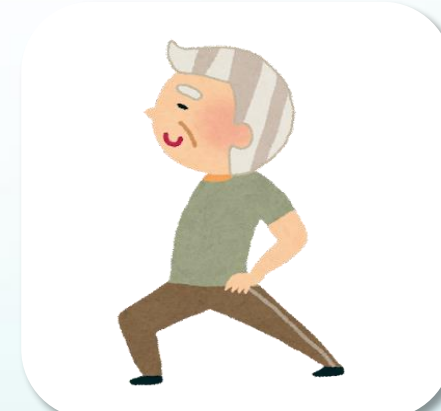
Physiological measurement



Professional consultation



Various health promotion lectures



Prevention of disability and dementia course



Simple ECG examination

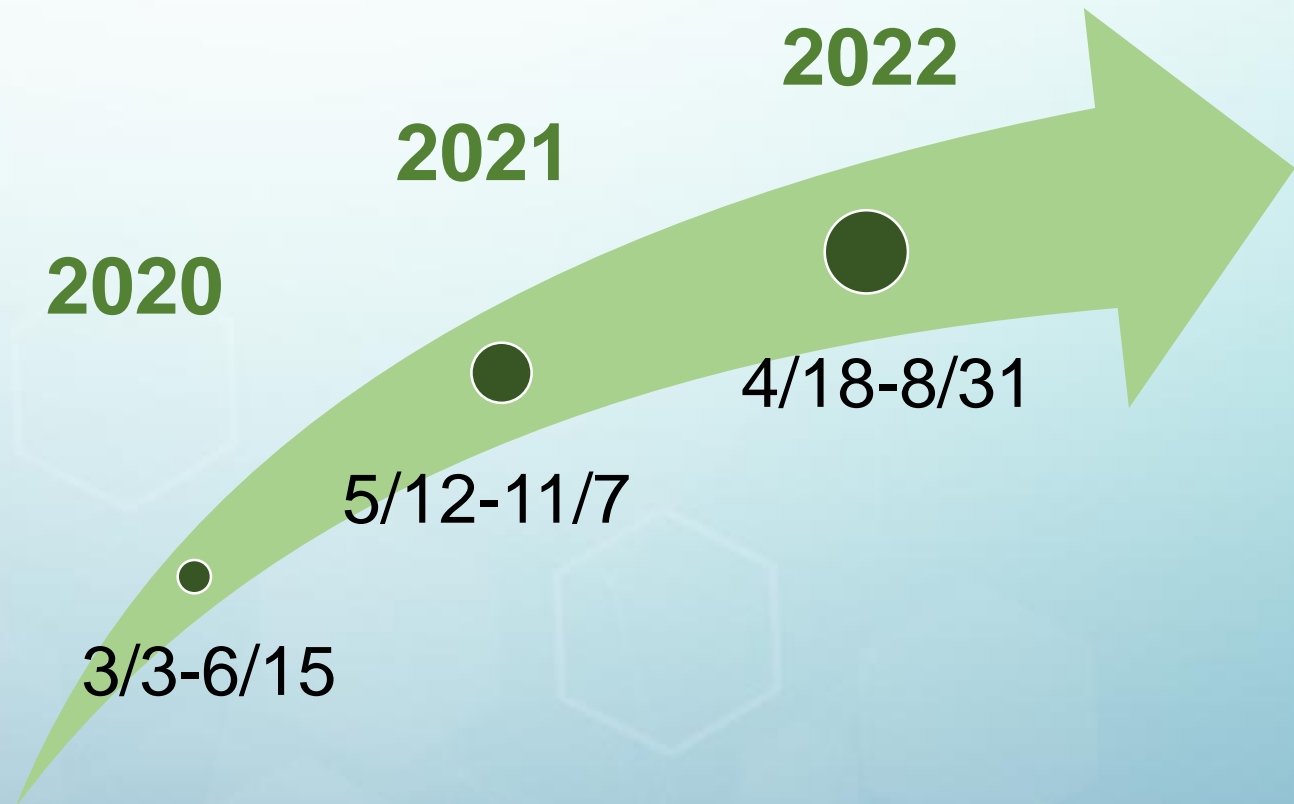
- Health stations offer the above-mentioned diverse services.
- Also improve the accessibility of medical care.

Background

- Affected by Covid-19 epidemic
- Health stations have been suspended three times from 2020 to 2022



Covid-19



Method₍₁₎- During the suspension

Medical consultation- Hotlines/Video



Health lectures- Online



Volunteer training- Live/Pre-recorded



好消息 新增 護理師 遠距專業諮詢服務
 ★因應疫情期間健康服務站無提供諮詢服務，本單位另建置遠距專業諮詢服務-
 ①自即日起增加護理師遠距專業諮詢服務，提供病
 病居家照護與健康促進相關資訊，請掃描QR-code
 即可進行諮詢服務，歡迎社區民眾多加利用。
 遠距專業諮詢時程表

09:00-11:00					
14:00-16:00	Y	Y	Y	Y	Y

 ②維持原本電話諮詢服務，提供病居家照護與健康
 促進相關資訊，並協助民眾科別銜接，歡迎社區民眾
 多加利用。
 電話諮詢服務時間：週一-週五 09:00-12:00
 (02)2809-4061 轉分機 2160
 馬偕紀念醫院 淡水醫學中心 關心您



Method₍₂₎- During the suspension

- 「**Health Education**」 Area was established on the website of MMH
- Easy-to-understand **health education leaflets**
- Various topics of **health education videos** (synchronously upload to YouTube)

Health education leaflets



Health education videos

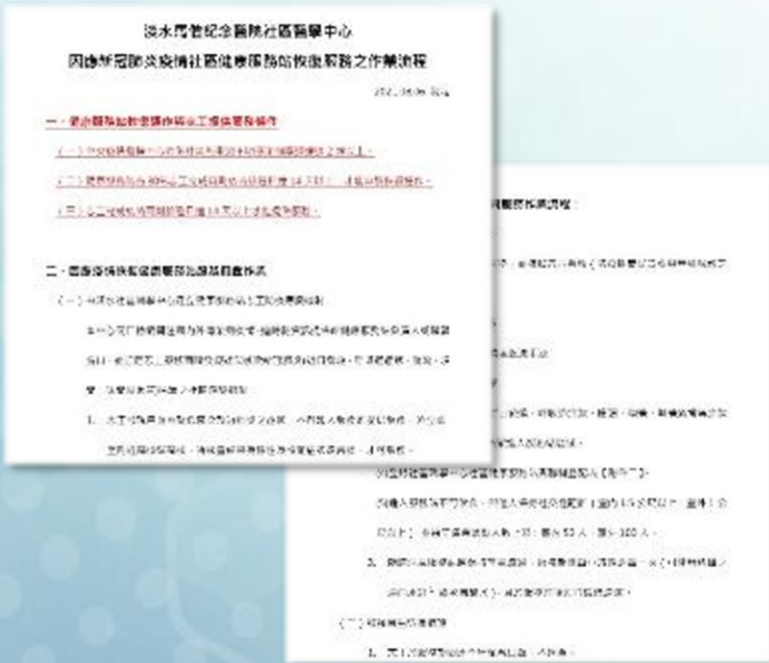


Method₍₃₎- Recovery of health stations

Establish the operational workflow

Put up epidemic prevention posters

Provide anti-epidemic materials (75% alcohol)



Semi-annual online meeting



Method₍₄₎- Recovery of health stations

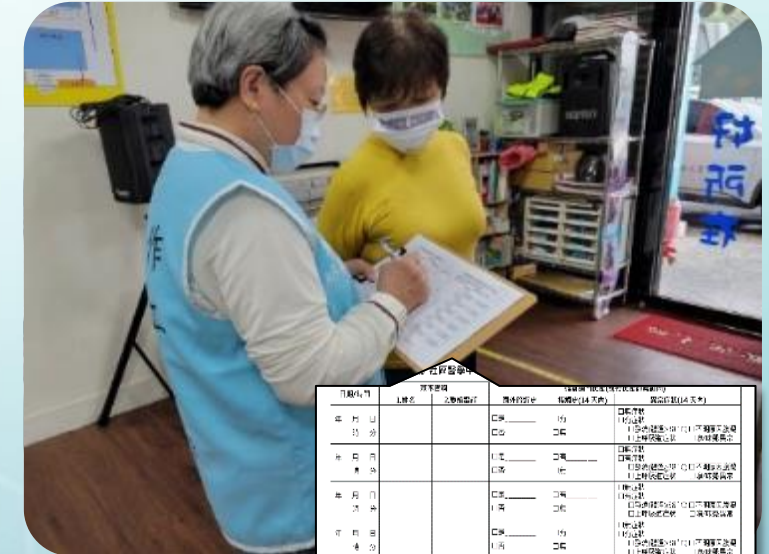
Measure Temperature



Wash hands and clean equipment frequently



Complete the contact tracing form



日期/時間	受檢者姓名		居住地址(詳述門牌)		電話號碼(詳述區號)	
	姓	名	路	號	區	號
2023/09/20	張	三	中山	101	台北	1234
2023/09/20	李	四	民生	102	台北	5678
2023/09/20	王	五	復興	103	台北	9012
2023/09/20	陳	六	信義	104	台北	3456
2023/09/20	林	七	大安	106	台北	7890
2023/09/20	吳	八	中正	100	台北	1122
2023/09/20	孫	九	板橋	220	新北	3344
2023/09/20	趙	十	中和	221	新北	5566
2023/09/20	周	十一	永和	222	新北	7788
2023/09/20	鄭	十二	新莊	223	新北	9900

■ 請於受檢者離開後立即填寫此表。
 ■ 請於每日下午5時前將此表送回社區健康服務中心，以便彙整。
 備註：1. 如有任何疑問，請洽社區健康服務中心。2. 請務必填寫完整。

Method₍₅₎- Recovery of health stations

On-site evaluation by professionals



- Provide the contingency principle If they encounter a suspected or confirmed case of Covid-19

Results

Medical consultation

Hotlines: **1,938** participants

Video: **14** participants



Health lectures



2,354 sessions

195,406 participants

Volunteer training

10 sessions

3,962 participants



The resilience rate



98.6 %

Conclusions

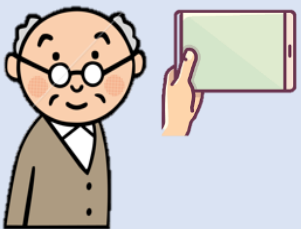
Although affected by Covid-19, we use effective strategies in community:



- Keep on promoting health of community people
- play the role of health gatekeeper



- Strengthen Health Literacy of community people
- Improve the ability of self-health management



- We teach the elderly learn how to use electronics to get with the times through mobile phones and software

Thank you for your attention !



Welcome to the Heaven on Earth

- TAIWAN