

- **Title: Network Knowledge of Health Promotion at HPH Catalunya**

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- **Background / Objective:**

The Network of Health Promoting Hospitals and Health Services of Catalonia (HPH Catalunya) is composed of more than 30 hospitals and centers across the Catalan territory.

Within its strategic lines, this initiative aligns with two of them:

1. Providing tools and knowledge for the implementation of health promotion programs.
2. Facilitating the exchange of experiences in health promotion, fostering synergies among centers.

The objective was to collect and share experiences related to health promotion, to inspire other centers, and to highlight successful projects.

- **Methods / Intervention / Approach:**

The intervention consisted of editing three compilation books (2023–24–25), in digital format, to gather and briefly describe the different experiences, projects, and good practices in health promotion.

The experiences were classified into six predefined areas, reviewed by an expert committee in Health Promotion, which excluded those that did not meet the requirements. The committee also created an ad-hoc form to standardize project submissions.

Each edition of the book received funding from the Public Health Agency of Catalonia.

- **Results / Findings / Observations:**

Publication of three digital compilation books featuring health promotion projects, with a total of 40 experiences/projects from different Catalan centers.

- **Conclusions / Lessons Learned:**

- **High level of commitment from healthcare centers:** The active participation and quality of the shared experiences demonstrate the strong commitment of hospitals and centers in the HPH Catalunya Network to health promotion.

- **Recognition of good practices:** The publication of these books highlights inspiring, useful, and transferable initiatives that can drive change in other institutions.

- **Relevance for HPH:** This project strengthens the mission of the HPH Network to promote healthier, more sustainable, and people-centered healthcare environments through the structured sharing of knowledge and successful real-world experiences. In addition, it fosters a culture of continuous improvement and peer learning—two core values of the HPH Catalunya Network.

- **Relation to the main theme of the conference:**

Settings approach: hospitals and health services that promote health

Key works: Health Promotion; Health Promoting Hospitals; Knowledge Sharing; Best Practices; Peer Learning; Settings Approach.